

Prayer & Practice

A City Church
Book of Common Prayer

For the 2024–2025 Liturgical Year

Crafted by the Pastors and Members of City Church
City Church, Cleveland Heights, Ohio | CityChurchCle.com

Prayer & Practice: A City Church Book of Common Prayer

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INTRODUCTION

Contemplative prayer is a conduit through which theological knowledge transitions from the mind to the heart. While much of contemporary Christianity excels in teaching correct theology and fostering doctrinal understanding, the question we should still ask is this: have we diligently integrated these beliefs into the core of our being? Have we allowed the love of God to envelop us, revealing the scars from the cross that we may know but have yet to embrace?

This book, like any spiritual practice, functions as a bridge that spans the divide between comprehension and heartfelt feeling. Much like the liturgy of a church service, which establishes a sacred space for encountering the transcendent God collectively and individually, this book seeks to weave a liturgy into the fabric of our lives. It aspires to create a continuous sacred space throughout our day, resonating with the same sense of holiness experienced during communal worship.

Just as church bells serve as a reminder of a higher calling amidst our daily life, this book becomes the metaphorical church bell of City Church. It rings out, calling individuals to pause their daily routines and attune themselves to the God, fostering a connection with the sacred that extends beyond the confines of traditional worship spaces.

Our hope is that this book can help develop personal practices that communally unite us as we pray and read the same things throughout our days. Each day, set aside time for morning, afternoon,

and evening prayer and call to mind the other members of our church that are participating alongside you.

Finally, this is not intended to be an extra task to add to hectic days—instead, it is a gift of pause to receive, helping us reorganize our priorities and reorient ourselves to God throughout the day. Find freedom in being consistently inconsistent as some days may only hold the capacity for smaller portions of these prayers and selected readings. Be comforted and strengthened that God knows your frame.

Prepare Him Room

“Joy to the world the Lord is come
Let earth receive her king
Let every heart prepare Him room”
—Isaac Watts, *Joy to the World*

During my sabbatical, I became convinced that our pace of life, jam-packed schedules, and devices are killing us—heart, soul, mind, and body. These realities steal the time and margin we need for the habits and relationships God designed to transform us into the image of Jesus. This line of thought occurred to me several years ago, but the gift of time and space to enjoy freedom from my “normal” life caused this reality to strike me in an entirely new way.

As one of your pastors, I feel compelled to lead us into proactively addressing all of this. Not surprisingly, my fellow elders and church staff feel the same. One of the ways we are hoping to lead the charge against our current realities is to encourage the use of the tool you are

holding in your hands right now. The Prayer & Practice book represents this invitation to you: to proactively resist hurry, lack of margin, and addiction to digital devices. Our hope and prayer is that this book encourages you to adopt a “Rule of Life” that moves you from being passively conformed “to the pattern of this world” to intentionally transformed into the image of Jesus “by the renewing of your mind” (See Romans 12).

Borrowing a line from Isaac Watt’s famous hymn, we are adopting the theme “Prepare Him Room” for this liturgical year. A Rule of Life is simply a schedule, set of practices, and relational rhythms that “prepare room” for God to transform us into the image of Jesus for the good of others. The Prayer & Practice book will provide guidance and instruction to help you make space in your days and weeks to abide in Jesus; practices like a daily prayer and Scripture reading plan, a weekly Sabbath and Examen, and a collection of prayers and blessings you can use in the ebb and flow of life.

We desire that every member of City Church receives and commits to using this tool. Our audacious prayer is that our journey through these practices and rhythms would grow us toward greater love of God and neighbor through the transformative nature of living counter to our current cultural age. May it be so.

Jason A. Bellan

How to use this Prayer Book:

Daily Prayer

The Daily Prayer pages contain the daily liturgies meant to help shape our prayers. Each day of the week is divided into three sections: Morning, Afternoon, and Evening Prayer. In different seasons, you may find you are only able to set aside one or two of these times to pray. That's ok. Each day follows a similar rhythm with space for selected readings, Psalms, and Proverbs. You can find these readings in the daily planner section corresponding to the calendar day. The selected readings follow the preaching calendar of the church.

Daily Planner

The daily planner offers space for your notes, prayers, and reflections. You will find the day's readings in the order of morning, midday, and evening, as well as extra room on Sundays for sermon notes.

Reading Plan

You'll find two reading plans in this book. In the planner pages, there are three selected scripture readings for each day. This plan loosely follows the themes of the church calendar and is meant to be a more accessible reading load. At the very back of this book there is a second reading plan which covers the whole bible in a year (with the exception of Psalms and Proverbs, which are included during the midday and evening prayer hours). This Bible-in-a-Year plan can replace the shorter morning readings.

Weekly Examen

The weekly examen is an invitation to pause and reflect on both the week behind you and the week ahead. St. Ignatius of Loyola created this discipline in 1522, and it has been used for centuries as a contemplative method in the church. To help you slow down and practice this discipline, each weekly examen is prefaced with a prayer of listening. This is an opportunity for you to see your actions and inactions through the lens of God's love for you, and gently consider points of growth in your life.

Weekly Sabbath

A weekly sabbath is meant to orient us toward the pattern that God established in the creation narrative. Though God is boundless and limitless, he chose to rest after the six days of creation. We recognize that God did not create us to be omnipotent as he is—so how much more do we need to rest? Sabbath is an invitation to prepare room for Christ in our hearts, and step away from the demands of the world by intentionally forgoing work. Historically, sabbath is from Friday evening until Saturday evening. However, any 24-hour period can be set aside as sabbath as the need arises.

Treasury of Intercessions

This collection of prayers has been specifically penned by various members of City Church. These can be used as supplemental prayers for your daily rhythm, or to bolster your prayer life when words seem to fail you.

Treasury of Breath Prayers

Breath Prayers are an ancient practice that combine breathing techniques along with centering the mind on God. This collection of prayers can be used in times of busy-ness or acute emotion where we need to intentionally pause and fix our minds on God. These can be repeated several times in a row as a method to seek peace and recall what is true, beautiful, and good.

Treasury of Call and Response

This collection of Call and Response prayers are written to be used in groups, with one leader reading the words in standard font and the rest of the group reading the italicized words together. While they can still be used alone, our hope is that you'll use them with family members, roommates, and growth groups.

Treasury of Blessings

This collection of blessings is meant to be read over certain people, events, or rites of passage. These words seek to invoke the favor of God on a particular person, situation, or place. The practice of reading and reciting these words is an act of love—calling our attention and the attention of God toward something good. It is also an act of faith, trusting that God will see what we see and respond with kindness.

The Liturgical Year

The liturgical calendar follows the life of Christ and its cyclical rhythm and invites us to enter the movement of his life on a yearly basis. As we observe each season, we can observe the story of Jesus. We pray that as you allow the seasons of the church year and anchor your life to the life of Christ, you'll discover that a fuller joy and vitality marks your days.

ADVENT (December 1–December 24)

CHRISTMASTIDE (December 25–January 5)

EPIPHANY (January 6–March 4)

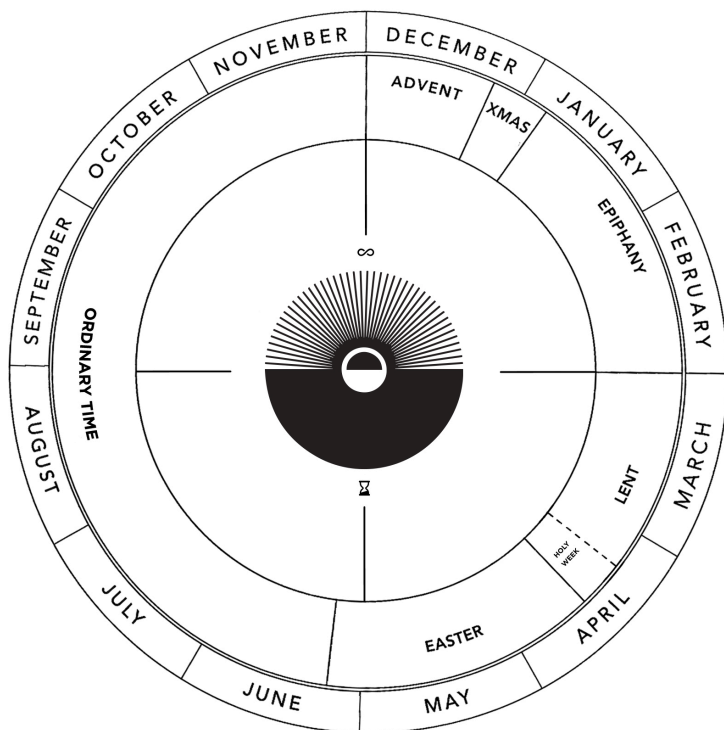
LENT (March 5–April 12)

HOLY WEEK (April 13–April 19)

EASTERTIDE (April 20–June 7)

PENTECOST / ORDINARY TIME (June 8–November 29)

The Liturgical Calendar



QR Codes

Throughout this book you will find QR codes. Using your phone's camera, scan the code, then select the link. This will take you to a page on our church's website that includes specific information for that season. This will be updated in accordance with the liturgical calendar throughout the year, and include practices, resources, and music for the season.

Using This Book for Groups

This can be used as a resource for Growth Groups or household worship. With roommates, family, or friends, choose one or multiple people to read from the daily prayer pages, or craft your own liturgy from the Treasuries of prayer. Use the QR code to find more resources, music, and practices. The Treasury of Call and Response would be particularly useful here. Pray these words over your children, spouse, friends, etc.

Contemplative Engagement with Scripture

Read Emotionally: Read out loud and read the feelings involved. For example, when reading Psalm 23, read it calmly and at a pace that encourages rest. Psalm 63 has David pleading and longing for God; do the same as you pray the Psalm.

Repetition: Read the passage slowly. Repeat it a few times. Notice any words that draw you in. Why do they draw you in? How does this passage lead to a deepening relationship with God?

Gospel Contemplation: This works best with narrative passages, like the Gospels, and many stories from the Old Testament. Read the passage. Set yourself into the story. Who are you in the story? Are you one of the disciples? Are you a bystander? What do you notice?

Lectio Divina: Read the passage slowly, maybe a few times. Consider what God speaks through the few words or verses that stick out to you. Again, be curious about the passage. Why does this stick out to me currently? Finally, respond to the passage. What does it mean about your relationship with God? Talk to Him about it.

Remember: most days may not be profound or feel particularly spiritual. You may fight even to begin to slow yourself to engage with the book. Each time you turn to this book and turn to prayer, it is another opportunity to turn to God.

DAILY PRAYERS

Sunday Morning

Confession and Praise

Our God, we give you thanks for bringing us to this day. Forgive us for the ways we have failed to love you and others. Father, give us grace in our actions, mercy in our failures. Jesus, give us consolation in our troubles. Spirit, guide us to walk in your ways. Fill us with love for you and pave a path before us that leads to the restoration of this world. Cause us to live with the resurrection in mind, eagerly awaiting the day our faith is made sight, our tears are wiped away, and the stains of sin are blotted out forevermore. Your love and kindness endure forever.

Amen.

Selected Reading

Lord's Prayer

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done on earth as it is in heaven.
Give us today our daily bread and forgive us our debts,
As we also have forgiven our debtors.
And lead us not into temptation but deliver us from the evil one.
For yours is the Kingdom, the power, and the glory forever and ever.

Amen.

Interactive Prayer

Our Lord, thank you for (_____).
We acknowledge our great need of your help
And ask that you'll strengthen us for the work you have given us today.
Will you help us to (_____)?
Will you show us how to walk in your ways?
In the name of the Father, Son, and Holy Spirit.

Amen.

Sunday Midday

Selected Psalm

Prayer

Our Heavenly Father,

Thank you for giving us lips and tongue to sing your praise.

We lift our voice to you

Thank you for giving us words to describe how much we love you.

We lift our voice to you

Continue to carry us through this day,

Teaching us who you are and revealing your presence to us.

We lift our voice to you

Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived

By the Holy Spirit and born of the virgin Mary.

He suffered under Pontius Pilate, was crucified, died,

And was buried; he descended to hell.

The third day he rose again from the dead.

He ascended to heaven and is seated at the right hand

Of God the Father Almighty.

From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of

Saints, the forgiveness of sins, the resurrection of the body,

And the life everlasting.

Amen.

Sunday Evening

Opening Verse

I will lie down and fall asleep in peace
because you alone, Lord, let me live in safety.

Psalm 4:8

Confession and Praise

Our God whom we adore,
We confess that we have not lived perfectly,
And we give thanks that you pursue us with your faithful love.
Grant us peace tonight.
Watch over us at our most vulnerable moments,
And let us awake in the morning,
Ready to praise and obey you.
Amen.

Selected Proverbs

Breath Prayer

Inhale

We can rest

Exhale

Because you never slumber

Doxology

Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly hosts
Praise Father, Son, and Holy Ghost

Monday Morning

Confession and Praise

Our God, we give you thanks for bringing us to this day. Forgive us for the ways we have failed to love you and others. Father, give us grace in our actions, mercy in our failures. Jesus, give us consolation in our troubles. Spirit, guide us to walk in your ways. Fill us with love for you and pave a path before us that leads to the restoration of this world. Prune away the works of this world that take hold of our souls. As you thin our branches, make room for love, joy, peace, patience, kindness, goodness, gentleness, faithfulness, and self-control. Your love and kindness endure forever.

Amen.

Selected Reading

Lord's Prayer

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done on earth as it is in heaven.
Give us today our daily bread and forgive us our debts,
As we also have forgiven our debtors.
And lead us not into temptation but deliver us from the evil one.
For yours is the Kingdom, the power, and the glory forever and ever.

Amen.

Interactive Prayer

Our Lord, thank you for (_____)
We know how badly we need you,
And ask that you'll strengthen our hands and feet
For the work you have given us today.
Will you help us to (_____)?
Will you show us how to walk in your ways?
In the name of the Father, Son, and Holy Spirit.

Amen.

Monday Midday

Selected Psalm

Prayer

Lord we need you.

Have mercy

Lord, we love you.

Have mercy

Lord, we want to know you more.

Have mercy

Lord, help us to live how you desire us to live.

Have mercy

Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived

By the Holy Spirit and born of the virgin Mary.

He suffered under Pontius Pilate, was crucified, died,

And was buried; he descended to hell.

The third day he rose again from the dead.

He ascended to heaven and is seated at the right hand

Of God the Father Almighty.

From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of

Saints, the forgiveness of sins, the resurrection of the body,

And the life everlasting.

Amen.

Monday Evening

Opening Verse

I will lie down and fall asleep in peace
because you alone, Lord, let me live in safety.

Psalm 4:8

Confession and Praise

Our God whom we adore,
We confess that we have not lived perfectly,
And we give thanks that you pursue us with your faithful love.
Grant us peace tonight.
Watch over us at our most vulnerable moments,
And let us awake in the morning ready to praise and obey you.
Amen.

Selected Proverbs

Breath Prayer

Inhale

I will rely

Exhale

On your goodness

Doxology

Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly hosts
Praise Father, Son, and Holy Ghost

Tuesday Morning

Confession and Praise

Our God, we give you thanks for bringing us to this day. Forgive us for the ways we have failed to love you and others. Father, give us grace in our actions, mercy in our failures. Jesus, give us consolation in troubles. Spirit, guide us to walk in your ways. Fill us with love for you and pave a path before us that leads to the restoration of this world. Supply us with a greater desire for Christlikeness, and expand our understanding of humility. Cause us to remember the lowliness of Jesus and take comfort in our hardship, knowing our suffering is shared in Christ. Your love and kindness endure forever.

Amen.

Selected Reading

Lord's Prayer

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done on earth as it is in heaven.
Give us today our daily bread and forgive us our debts,
As we also have forgiven our debtors.
And lead us not into temptation but deliver us from the evil one.
For yours is the Kingdom, the power, and the glory forever and ever.

Amen.

Interactive Prayer

Our Lord, thank you for (_____)

We know how badly we need you,
And ask that you'll strengthen our hands and feet
For the work you have given us today.
Will you help us to (_____)?
Will you show us how to walk in your ways?
In the name of the Father, Son, and Holy Spirit. Amen.

Tuesday Midday

Selected Psalm

Prayer

God, our hearts are confused and broken.

I will trust you

We long to make sense of this senseless world.

I will trust you

We desperately need you to be present and near.

I will trust you

Please guide us that we might know you more

And be comforted by your presence

I will trust you

Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived

By the Holy Spirit and born of the virgin Mary.

He suffered under Pontius Pilate, was crucified, died,

And was buried; he descended to hell.

The third day he rose again from the dead.

He ascended to heaven and is seated at the right hand

Of God the Father Almighty.

From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of

Saints, the forgiveness of sins, the resurrection of the body,

And the life everlasting.

Amen.

Tuesday Evening

Opening Verse

I will lie down and fall asleep in peace
because you alone, Lord, let me live in safety.

Psalm 4:8

Confession and Praise

Our God whom adore,
We confess that we have not lived perfectly,
And we give thanks that you pursue us with your faithful love.
Grant us peace tonight.
Watch over us at our most vulnerable moments,
And let us awake in the morning ready to praise and obey you.
Amen.

Selected Proverbs

Breath Prayer

Inhale

I will not be afraid

Exhale

I cannot be hidden from your sight

Doxology

Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly hosts
Praise Father, Son, and Holy Ghost

Wednesday Morning

Confession and Praise

Our God, we give you thanks for bringing us to this day. Forgive us for the ways we have failed to love you and others. Father, give us grace in our actions, mercy in our failures. Jesus, give us consolation in our troubles. Spirit, guide us to walk in your ways. Fill us with love for you and pave a path before us that leads to the restoration of this world. Stir us to live counter-culturally in accordance with your Word, knowing the Kingdom of God opposes the strong and favors the weak. Your love and kindness endure forever.

Amen.

Selected Reading

Lord's Prayer

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done on earth as it is in heaven.
Give us today our daily bread and forgive us our debts,
As we also have forgiven our debtors.
And lead us not into temptation but deliver us from the evil one.
For yours is the Kingdom, the power, and the glory forever and ever.

Amen.

Interactive Prayer

Our Lord, thank you for (_____)
We know how badly we need you,
And ask that you'll strengthen our hands and feet
For the work you have given us today.
Will you help us to (_____)?
Will you show us how to walk in your ways?
In the name of the Father, Son, and Holy Spirit.

Amen.

Wednesday Midday

Selected Psalm

Prayer

Our God, we long for you to make all things new.

We do

And we trust you to heal and restore all things.

We do

We will not always understand, but commit our worries in prayer to you.

We do

In the name of the Father Son and Holy Spirit we pray.

Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived

By the Holy Spirit and born of the virgin Mary.

He suffered under Pontius Pilate, was crucified, died,

And was buried; he descended to hell.

The third day he rose again from the dead.

He ascended to heaven and is seated at the right hand

Of God the Father Almighty.

From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of

Saints, the forgiveness of sins, the resurrection of the body,

And the life everlasting.

Amen.

Wednesday Evening

Opening Verse

I will lie down and fall asleep in peace
because you alone, Lord, let me live in safety.

Psalm 4:8

Confession and Praise

Our God whom we adore,
We confess that we have not lived perfectly,
And we give thanks that you pursue us with your faithful love.
Grant us peace tonight.
Watch over us at our most vulnerable moments,
And let us awake in the morning ready to praise and obey you.
Amen.

Selected Proverbs

Breath Prayer

Inhale

I have called upon the Lord

Exhale

And I know he will answer me

Doxology

Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly hosts
Praise Father, Son, and Holy Ghost

Thursday Morning

Confession and Praise

Our God, we give you thanks for bringing us to this day. Forgive us for the ways we have failed to love you and others. Father, give us grace in our actions, mercy in our failures. Jesus, give us consolation in our troubles. Spirit, guide us to walk in your ways. Fill us with love for you and pave a path before us that leads to the restoration of this world. Grant us sight to see ourselves the way that you do: through the gaze of love colored by the justifying blood of Jesus Christ. Your love and kindness endure forever.

Amen.

Selected Reading

Lord's Prayer

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done on earth as it is in heaven.
Give us today our daily bread and forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation but deliver us from the evil one.
For yours is the Kingdom, the power, and the glory forever and ever.
Amen.

Interactive Prayer

Our Lord, thank you for (_____)
We know how badly we need you,
And ask that you'll strengthen our hands and feet
For the work you have given us today.
Will you help us to (_____)?
Will you show us how to walk in your ways?
In the name of the Father, Son, and Holy Spirit.

Amen.

Thursday Midday

Selected Psalm

Prayer

The Holy Spirit is our Counselor and guide.

Praise Him

He dwells within those who love him.

Praise Him

We enjoy the nearness of God through him.

Praise Him

We ask him to take up our causes before the Father's throne.

Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived

By the Holy Spirit and born of the virgin Mary.

He suffered under Pontius Pilate, was crucified, died,

And was buried; he descended to hell.

The third day he rose again from the dead.

He ascended to heaven and is seated at the right hand

Of God the Father Almighty.

From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of

Saints, the forgiveness of sins, the resurrection of the body,

And the life everlasting.

Amen.

Thursday Evening

Opening Verse

I will lie down and fall asleep in peace
because you alone, Lord, let me live in safety.

Psalm 4:8

Confession and Praise

Our God whom we love so much,
We confess that we have not lived perfectly,
And we give thanks that you pursue us with your faithful love.
Grant us peace tonight.
Watch over us at our most vulnerable moments,
And let us awake in the morning ready to praise and obey you.
Amen.

Selected Proverbs

Breath Prayer

Inhale

I will remember what God has done

Exhale

And I will trust that he is faithful

Doxology

Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly hosts
Praise Father, Son, and Holy Ghost

Friday Morning

Confession and Praise

Our God, we give you thanks for bringing us to this day. Forgive us for the ways we have failed to love you and others. Father, give us grace in our actions, mercy in our failures. Jesus, give us consolation in our troubles. Spirit, guide us to walk in your ways. Fill us with love for you and pave a path before us that leads to the restoration of this world. In accordance with Christ's death, burial, and resurrection, resurrect in us the joy of your salvation and the hope of life abundant. Your love and kindness endure forever.

Amen.

Selected Reading

Lord's Prayer

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done on earth as it is in heaven.
Give us today our daily bread and forgive us our debts,
As we also have forgiven our debtors.
And lead us not into temptation but deliver us from the evil one.
For yours is the Kingdom, the power, and the glory forever and ever.

Amen.

Interactive Prayer

Our Lord, thank you for (_____)
We know how badly we need you,
And ask that you'll strengthen our hands and feet
For the work you have given us today.
Will you help us to (_____)?
Will you show us how to walk in your ways?
In the name of the Father, Son, and Holy Spirit. Amen.

Friday Midday

Selected Psalm

Prayer

We know we have sinned and need a savior.

So we wait

We are desperate for your mercy.

So we wait

We yearn for your compassion.

So we wait

We crave to see your faithful love.

So we wait

We trust in Jesus Christ, who you sent to save us.

In our waiting, make us new

Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived

By the Holy Spirit and born of the virgin Mary.

He suffered under Pontius Pilate, was crucified, died,

And was buried; he descended to hell.

The third day he rose again from the dead.

He ascended to heaven and is seated at the right hand

Of God the Father Almighty.

From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of

Saints, the forgiveness of sins, the resurrection of the body,

And the life everlasting.

Amen.

Friday Evening

Opening Verse

I will lie down and fall asleep in peace
because you alone, Lord, let me live in safety.

Psalm 4:8

Confession and Praise

Our God whom we love so much,
We confess that we have not lived perfectly,
And we give thanks that you pursue us with your faithful love.
Grant us peace tonight.
Watch over us at our most vulnerable moments,
And let us awake in the morning ready to praise and obey you.
Amen.

Selected Proverbs

Breath Prayer

Inhale

The Lord is my shepherd

Exhale

I shall not want

Doxology

Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly hosts
Praise Father, Son, and Holy Ghost

Saturday Morning

Confession and Praise

Our God, we give you thanks for bringing us to this day. Forgive us for the ways we have failed to love you and others. Father, give us grace in our actions, mercy in our failures. Jesus, give us consolation in our troubles. Spirit, guide us to walk in your ways. Fill us with love for you and pave a path before us that leads to the restoration of this world. As you rested on the seventh day, so help us to rest this day. Give us margin and pause, reminding us of the gift of being fully reliant on you. Your love and kindness endure forever.

Amen.

Selected Reading

Lord's Prayer

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done on earth as it is in heaven.
Give us today our daily bread and forgive us our debts,
As we also have forgiven our debtors.
And lead us not into temptation but deliver us from the evil one.
For yours is the Kingdom, the power, and the glory forever and ever.
Amen.

Interactive Prayer

Our Lord, thank you for (_____)
We know how badly we need you,
And ask that you'll strengthen our hands and feet
For the work you have given us today.
Will you help us to (_____)?
Will you show us how to walk in your ways?
In the name of the Father, Son, and Holy Spirit. Amen.

Saturday Midday

Selected Psalm

Prayer

Bless the Lord!

Praise God

Lift high his name!

Praise God

His love endures forever!

Praise God

Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived

By the Holy Spirit and born of the virgin Mary.

He suffered under Pontius Pilate, was crucified, died,

And was buried; he descended to hell.

The third day he rose again from the dead.

He ascended to heaven and is seated at the right hand

Of God the Father Almighty.

From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of

Saints, the forgiveness of sins, the resurrection of the body,

And the life everlasting.

Amen.

Saturday Evening

Opening Verse

I will lie down and fall asleep in peace
because you alone, Lord, let me live in safety.

Psalm 4:8

Confession and Praise

Our God whom we love so much,
We confess that we have not lived perfectly,
And we give thanks that you pursue us with your faithful love.
Grant us peace tonight.
Watch over us at our most vulnerable moments,
And let us awake in the morning ready to praise and obey you.
Amen.

Selected Proverbs

Breath Prayer

Inhale

Forgive our sins

Exhale

As we forgive those who've sinned against us

Doxology

Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly hosts
Praise Father, Son, and Holy Ghost

TREASURY OF INTERCESSIONS

This collection of prayers was penned by members of City Church. These can be used as supplemental prayers for your daily rhythm, to bolster your prayer life when words seem to fail you, or in group settings as a part of a liturgy.

For Loss and Grief

God, we rest in the knowledge that a hair cannot fall from our head, nor a sparrow from the sky without your permission. We long to trust in your goodness amid loss and are desperate for hope within our grief. Although those we love have departed this world, give us stubborn faith that refuses to doubt your love and care. Teach us to number our days, to remember the thin veil that separates us in this life from the next, to acknowledge the dust from which we have come, and to which we will return. In so doing, renew our joy in the resurrection of all things, which we enjoy because of Christ's own resurrection. Amen.

On the Communion of Saints

Lord, in the heady isolation of life, remind me of the company of Heaven. Call to my mind the cloud that covers me, the witnessing

eyes of saints in ages past, and companions of our present faith. In loneliness, may I feel the saintly gaze of prophets, priests, and paupers witnessing my toil. May I recall their testimonies as reminders of your lovingkindness, and thus grow greater in the stature of faith. May their Heavenly vantage point preach your faithfulness and testify of your goodness. Amen.

For the Sunday Gathering

Triune God, as you do not forsake communion within yourself, so we seek to commune with our holy brothers and sisters. Apply to us overflowing love that fills others as we, too, are filled. Provoke in us gentleness and unity. Expel from us all bitterness, hopelessness, deceit, and envy. Prepare our hearts for the ministry of your word, and the observance of your sacraments. In all this, grant us foretaste of your kingdom as await its coming age. Amen.

For Generous Hearts

O God whose storehouse is never empty, whose pockets are never bare, and who graciously grants us access to his abundant riches: create in us hospitable and benevolent hearts. May we see those around us with fresh vision, offering ourselves unto them in the ways that Christ Jesus offered himself up for us. So burden our consciences for one another that we, with generous spirits, give freely to those in want and need. Enlighten us to our own spirits' longing, and in doing so, oblige us to fill the cups of those parched nearby. Amen

For Sabbath's Start (with candle lighting)

Our God who never slumbers, whose gaze never slips, and whose mind never wanders—let us enjoy your limitlessness in tandem with our limits. Cause us to remember the rest you took after the six days of creation and rely on the precept that you called us, in all our inefficiencies, very good. Free our souls for rest; from the anxieties of this world and slowing the pattern of our living. Grant us peace, margin, and space—preparing room within our spirit for yourself. As we light this candle, so ignite our hearts. Amen.

For Sabbath's Close (with candle extinguishing)

We give thanks for the invitation to intentionally cease our striving through the rhythm of sabbath. As we look ahead to the coming week, fill us with a stubbornness which opposes the way of life our culture sets forth. May our cups overflow with peace, that they might spill over and stain those around us with repose. As we extinguish this candle, so extinguish the desires of the world within us. Amen.

For Renewed Love for the Gospel

Father, renew us to this reality of Christ today: we are found in him. Jesus, remind us that you have done all that is necessary to bring us into Triune communion, through your perfect life, sacrificial death, and glorious resurrection. Holy Spirit, we are in need of being made new again today, so we humbly ask that you refresh our spirits with the reality of the risen Christ. Amen.

For Corporate Responsibility

God of community, we thank you that you did not see fit to leave us in the isolation of our sin but have brought us into the household of faith. Teach us, O Lord, what it is to live rightly in fellowship with our brothers and sisters. Just as Israel rose and fell with the vices and virtues of her leaders and people, may we see that together we form one body, your church. Strengthen us to keep our covenant together. May we see that there are none among us—be they children, the elderly, the sick, the mentally ill, or the marginalized—who are without dignity. May we honor and love one another, rejoicing with and encouraging one another, serve and forgive one another, and pray for one another. Until Christ consummates the fullness of our unity. We pray your help in these things. Amen.

For Low Capacity

God and Father of all—we know you hold all things. Holy Spirit, counsel and guide—we know you see us. Jesus Christ our great sympathizer—we recall the miracles performed by your hands. Three person-ed God—we are weak, wearied, and heavy laden. Multiply within us your gifts of grace, peace, and perseverance, just as you multiplied the loaves and fish to feed thousands. In our lack, may we find abundance in you. Amen.

For Humility

O Lord, you are not a God unfamiliar with humble creation. In the incarnation, you came near by humbling yourself and taking-up a human body. In your life, you taught in all gentleness and humility. In your death, you suffered shame to bring us life. Teach us the beauty of your humility, and grant us remembrance of it as we partake of your body broken and blood shed in the gathering of your people. As we seek to imitate your sacrificial love in our own lives, orient our hearts to submit fully before you and in so doing consider others as more significant than ourselves. Lead us to avoid the glittering vices of pride's work in our souls, and commit our hands to building your kingdom rather than our own. This we pray in the name of the humble king, Jesus Christ. Amen.

For the Perseverance of Pastors

Our God, you have generously placed capable individuals in leadership at this church. We are ever-grateful for the ways that they serve your bride and sacrifice life's comforts for the love of their church. Where they may be attacked or maligned, give them peace and consolation. Where they fall short, give them assurance of your power. Where they feel weak, grant them access to your strength. And where they lack, provide for them abundantly. Christ, persevere on their behalf. Amen.

For Unity in Diversity

Father of every tribe, nation, and tongue: grant us your vision of unity in diversity. Jesus, make us one as you and the Father are one. Spirit, use the diversity of our stories, gifts, and capacities to bring you glory. Where the world seeks to divide, remind us that we are one body with one Spirit, clinging to one faith in one Lord, with one hope demonstrated in our one baptism, professing our one God. Where we would be tempted to erase the uniquenesses in which you have formed us, draw us to see the beauty of distinction in your creation. Grant us patience as we commune with those unlike ourselves. Grant us peace in the bond of unity as we see the image of Christ in our brothers and sisters. Foster in us a desire to taste and see the new creation in our community of faith. In the distinct unity and diversity of the triune God we pray. Amen.

For our Common Life

Lord, we rejoice in the joy and privilege of gathering as Christ's bride. Prepare hearts, minds, and souls to love you and one another well. As we partake of the bread of your body, and the cup of your blood, renew our hope in the resurrection and forgiveness of sins. Grant us unity in the confession of our common faith, provide us peace as we pursue a common life, and bless our endeavors as we carry out our common work, all for the glory of your kingdom. Amen.

For the Start of a Meeting

Gracious God, thank you for inviting us to participate in the work of your kingdom. Establish the work of our hands as we gather. Root the words of our mouths in kindness, gentleness, and wisdom. Edify each of us through the work and generosity of each other. Grant us focus and guide our conversations, all so that we might grow together and toward you, encouraging others to do the same. Amen.

For Greater Faith

God, who raises the dead, resurrect my faith from doubt that spreads like weeds. Grow instead a faith that trusts you more with each passing day, with each passing year. Grant me confidence, not in my own strength, but in the strength of the one who holds me secure. For who could steal what you have chosen to possess? What should I fear while in your sight? Remind me that the one who is for me, is greater than the powers set against me. Keep me, your servant, strong until the end that I might enter your courts by grace. That I might know by sight what I have learned by faith: the all-surpassing beauty of my savior. Amen.

For Compassion

Our God, you are the lord of compassion. Father, you showed compassion by choosing us, needy sinners before the creation of the world. Forgive us for withholding our time, energy, and resources from those who need them, as if they did not belong to you. Jesus, you looked upon the multitudes with compassion,

feeding the hungry and healing the sick. Forgive us for looking at those lost and needy in the world with hostility, superiority, and indifference. Spirit, empower us to share in unity, showing tenderness and compassion always to one another. Shape our minds and renew our hearts to serve others joyfully in truth and in love, until we are presented blameless on the day of Christ. Amen.

For the Government

Merciful God, we praise your sovereignty over the nations. You rule over all earthly kingdoms, and we take comfort that no wisdom, no understanding, and no counsel can avail against your plans. Please bring righteous leaders to the forefront of decision-making at all levels. Grant your wisdom and protection to each one. Help them to do justice, love mercy, and walk humbly with you. Let the works of their hands be as those of the Lord, faithful and true. Guide us by your Spirit to pray for our leaders, for we know all authorities have been established by you. Grant us wisdom as we engage in the political process, discerning the times in which you have placed us. Instead of giving in to cynicism toward those with whom we disagree, help us pray for our leaders. We rejoice that your plans and purposes stand firm through all generations. Amen.

For Fruitful Conversations

Holy God, we trust your goodness to be apparent and present. Graciously prompt us in wisdom and generously supply our every need. Amen.

For Eyes that See Beauty

Dear Lord, you are the supreme artist, the creator and designer of the universe, the standard of beauty. We see your beauty through the color-changing leaves in Autumn and the many shades you made your image bearers. We see it when greenery peaks through a blanket of fresh fallen snow, and when the colors of a sunset paint the sky. Help us to gaze upon your beauty in ways big and small. Open our eyes to notice your intentionality and artistry as we sojourn the day. Cause us to dwell on how great you are, and the beauty of your grace in Christ Jesus. Give us eyes to see the beauty in everything you've made, not the least of which is who you masterfully crafted in your image. Amen.

For Joy

O Lord, help us to remember the days of ages past, meditating on all your works, and considering what your hands have done. Help us remember that while we were still weak, you sent your son to die for us. Now we're justified by the blood of Jesus and saved from the punishment of sin. Help us to abide in this truth daily, reflecting on your goodness and mercy towards us, producing complete joy. When the cares of life blur the truth of your

gospel, restore in us the joy of your salvation, and grant us a willing spirit to receive such bliss. Amen.

For the Nations

Oh Lord, creator and redeemer of all peoples. The nations are your inheritance. In their raging, bring your word of peace. Spirit, lead them to see the hope they long for found in Christ. Jesus, as the source of righteousness, cleanser of sin, and conqueror of death, you are the rightful ruler of the nations. May they come to see your beauty and ascribe to your glory. May the nations be glad and find their joy in you. Amen.

For Infertility

Father God, author of life and of faith: we know you bring all things from nothing, beauty from ashes, life from death. Yet each month's returning cycle, negative tests, and empty womb remind us of the "not yet" of our present age. You tell us to be fruitful and multiply, yet the branches of our family tree remain bare. We live in limited bodies, go to doctors with limited knowledge, and are surrounded by friends with limited understanding. In the midst of so many no's, help us know the yes of Christ. In the silence of the nursery, help us hear your still small voice. Guide us to your embrace, even as our arms and hearts feel empty. Help us nurture life in unexpected places. We groan with the world in our waiting; may our waiting not be in vain. Amen.

For Proper Use of Gifts

Dear Lord, thank you for the many good and perfect gifts you have given your people. Your love for all things beautiful is displayed through the eclectic gifts of your people. In your perfect wisdom, you distribute gifts according to your grace for the building-up of your church. Let us neither neglect the gifts you give nor use them for our own benefit, but use them for the common good. Help us to be joyful in hope, patient in affliction, faithful in prayer and share our gifts with the Lord's people and all those in need. Amen.

For the Life of our Neighborhood

Lord, with thankful hearts we ask that our neighborhood would flourish. You have placed us purposefully in this place, and we pray that you guide us to seek the welfare of our city for your glory and the good of our neighbors. We pray against the footholds of death in our community, asking that you abolish any strongholds that have strengthened in generations past. Supply light to overcome the present darkness, allowing the light of Christ to expose and rescue the captives in our community. Amen.

For Discernment

God, in our corporate and individual lives, in every decision and relationship, we need wisdom. Father, give us the Spirit of wisdom and revelation so that we may know you better. Our lives on earth are short while your years endure forever; you are a very

present help in all our troubles. Let us depend on you while resting in your infinite knowledge. Amen.

For Hope

God of hope, sovereign over all—produce in us a trust that begets hope. In so doing, multiply joy and peace within us and sustain us as the author and finisher of our faith. Cause our eyes to see the future hope set before us: the day when our faith is made sight and we arrive to your never-ending kingdom. Amen.

For Peacemaking

Heavenly Father, we humbly acknowledge the division surrounding us and we seek your guidance to walk the path toward unity. Establish us as peacemakers who show the world that true community with diversity of ideas is possible. Allow your church to be your representatives on Earth, seeking to heal and reconcile that which seems dead and hopeless. Help us in the work of mending relationships, reminding us that the greatest reconciliation has already occurred between sinful man and a holy God. In all things, teach us to pursue peace in a way that images your Kingdom on Earth. Amen.

For Parenthood

Good and gracious Father, thank you for the miracle of life that you have entrusted to me. Guide me as I seek to guide my child. Shepherd me as I seek to shepherd. I confess that I am not equal to the task of parenting. My strength is insufficient, my

wisdom incomplete, my patience inadequate. But in this, as in all things, I am neither alone nor forsaken. For the sake of my child's soul, Lord, be my steady strength, my sure wisdom, my enduring patience. Help me to be quick to forgive as well as quick to seek forgiveness. Allow me, for as long as your will allows it, to walk with my child through the joys and sorrows of life. First as guardian, then as advocate, and finally as friend. For the many unforeseen bends in the road grant us peace through your unwavering presence. In the effectual name of Jesus I pray. Amen.

For Engaging Art

Father, as I interact with the imagination of others today, give me vision to see your handiwork displayed. Keep me from unconsciously consuming creative work while busying my mind and hands with other things. As I purposefully place myself in front of this art, restore a sense of wonder and margin in my life. Amen

For Embodying Wisdom

Our Father, fill us with your Holy Spirit that we may know your constant nearness. Give us wisdom and may we praise you when we receive it. Teach us how to live with your kingdom in mind. May we discern good from evil, love justice and mercy and experience the freedom of discipline. Expand our vision of you and the joy of living as your children. May we be marked as a

people who are slow to speak, quick to listen, and lovers of peace.
Amen.

For Loss and Despair

In the darkness, keep me until the morning light. Though words fail, hear my cries and do not turn your face away. In my despair, hold me fast and turn my anger to lament. When I come to my end, grant me hope again. This loss will not have the final say. In the darkness, keep me until the morning light. Amen.

For Receiving Wisdom

Father, your Word says that the fear of the LORD is the beginning of wisdom and if we ask you for wisdom, you will give it. So, we humbly come asking. In a world loud with folly and falseness. Please teach us to hear and heed wisdom's clear, steady voice. Help us learn to discern between the seductive voices of the age and your eternal voice of truth, the same through ages past. As we encounter complicated, nuanced, and challenging decisions let us recognize that receiving wisdom is not the same as receiving an easy answer. Like a good parent teaching their child the way they should go, graciously supply us wisdom to discern and apply your truth. Help us to take captive our thoughts and make them obedient to you. In Jesus Christ's name we pray, amen.

For Living Joyfully Among Others

Triune God, our common life holds potent joy and grief as we learn to live peaceably and joyfully among one another. Cause us to remember the wounds you bore at the hands of those you love, and let us solemnly rejoice in our likeness to you when we bear similar scars. We confess the pain our hands have wrought within your church. Where we have failed, empower our repentance. Where we have been wounded, empower our forgiveness. Amen.

For Navigating Technology

Father, as with many gifts you give, technology can be used for our harm or our good. We confess that without intention, our devices can de-form us rather than conform us into the image of Jesus. Our enemy uses this to form idols in our heart and to fan the flame of lust in our minds. The greediness and brokenness of the corporations who place technology in our hands seek to steal our attention and time. Almighty God, grant us wisdom and discernment in our use of these devices. Empower us to regularly forgo the use of these devices and platforms, keeping us disciplined and prudent. We confess our need for your help to create proper habits and boundaries around our use of these devices. We repent of our mindless use of these devices which gives our enemy a foothold. Transform our minds and hearts. Help us to seek you and to love you above all else. Protect us from running from you and hiding from you in our digital worlds. Grant us the ability to see what is real and use us as vessels which seek the good of the generations that come after us, advocating

for change in our own lives and for theirs—all that your kingdom
may come on earth. Amen.

TREASURY OF BREATH PRAYERS

Breath Prayers are an ancient practice that combine breathing techniques with centering the mind on God. This collection of prayers can be used in times of busy-ness or acute emotion where an intentional pause is needed. These can be repeated several times in a row as a method to seek peace and recall what is true, beautiful, and good.

For Rest

Inhale

We can rest

Exhale

Because you never slumber

For Mercy

Inhale

Lord have mercy

Exhale

Because of your unfailing love

For Learning to Love

Inhale

Teach me to love

Exhale

Your Word and your way

For Reliance

Inhale

I will rely

Exhale

On your goodness

For Courage

Inhale

I will not be afraid

Exhale

I cannot be hidden from your sight

For Peace

Inhale

I will lie down peacefully

Exhale

Because God gives me safety

For God's Answer

Inhale

I have called upon the Lord

Exhale

And I know he will answer

For Trust in God

Inhale

I will not trust in the world

Exhale

I will trust in God

For Trust in Spite of Fear

Inhale

When I am afraid

Exhale

I will trust in God

For Assurance of Forgiveness

Inhale

I know when I repent

Exhale

God is quick and gracious to forgive

For God's Presence

Inhale

I will believe

Exhale

That God wants to be near me

For Remembrance

Inhale

I will remember what God has done

Exhale

And I will trust that he is faithful

For Ears to Hear

Inhale

I will listen for God

Exhale

I will listen to his Word

For Justice

Inhale

I know God is righteous

Exhale

And he will make all wrong things right

For Comfort

Inhale

God sees my pain

Exhale

I believe he will wipe my tears

For Belief

Inhale

Lord, I believe

Exhale

Please help my unbelief

For God's Nearness

Inhale

Lord, I am scared

Exhale

You will not abandon me

For Growth in Trust

Inhale

You know all things

Exhale

Teach me to trust your ways

For Answered Prayers

Inhale

You listen to our prayers

Exhale

I know you can't ignore me

For Perspective

Inhale

All goodness comes from you

Exhale

Give me eyes to see your beauty

For Provision

Inhale

You are the bread of life

Exhale

In you, I won't hunger

For Life

Inhale

You are living water

Exhale

In you, I will not thirst

For Protection

Inhale

You are the Good Shepherd

Exhale

I trust in your rod and staff

For our Heavenly Inheritance

Inhale

Open the eyes of my hearts

Exhale

That I might see the inheritance you've given us

For God's Will

Inhale

God's kingdom come

Exhale

God's will be done

For Forgiveness

Inhale

Forgive us

Exhale

As we forgive others

For Provision

Inhale

The Lord is my shepherd

Exhale

I shall not want

For Justice

Inhale

Things aren't as they should be

Exhale

I trust the Lord to act

For God's Power

Inhale

My God is strong

Exhale

I will trust in his might

For Trust in God's Plan

Inhale

Your ways are good and righteous

Exhale

Teach me to trust you

TREASURY OF CALL AND RESPONSES

This collection of Call and Response prayers are written to be used in groups, with one leader reading the words in standard font and the rest of the group reading the italicized words together. While they can still be used alone, our hope is that you'll use them with family members, roommates, and growth groups.

A Call and Response of Praise

Bless the Lord!

Praise God

Lift high his name!

Praise God

His love endures forever!

Praise God

Amen

A Call and Response of Worship

Our Heavenly Father,

Thank you for giving us lips and tongue to sing your praise.

We lift our voice to you

Thank you for giving us words to describe our love for you.

We lift our voice to you

Continue to carry us through this day teaching us your ways,

And revealing your presence to us.

We lift our voice to you

Amen

A Call and Response of Need

Lord, we need you.

Have mercy

Lord, we love you.

Have mercy

Lord, help us to live how you desire us to live.

Have mercy

Amen

A Call and Response of Trust

Our God, we long for you to make all things new.

We do

We trust you to heal and restore all things.

We do

We will not always understand,

but commit our worries in prayer to you.

We do

In the name of the Father Son and Holy Spirit we pray.

Amen

A Call and Response of Brokenness

God, our hearts are confused and broken.

I will trust you

We long to make sense of this senseless world.

I will trust you

We desperately need you to be present and near.

I will trust you

Guide us to know you more,

And comfort us by your presence.

I will trust you

Amen

A Call and Response for Confession of Weakness

Let us consider who we were when we were called by God.

We were neither wise, influential, nor noble.

Yet God chose the foolish to shame the wise.

This is the power of God

God chose the weak to shame the strong.

This is the power of God

God chose the lowly, despised, and nameless to nullify the proud.

This is the power of God

The message of the cross is foolishness to those who are perishing.

But is the power of God to us

May we enjoy liberation in our weakness.

'Til Christ and Kingdom come

Amen

A Call and Response for Advent

We know we have sinned and need a savior.

So we wait

We are desperate for your mercy.

So we wait

We long to see your faithful love.

So we wait

We trust in Jesus Christ, whom you sent to save us.

In our waiting, make us new.

Amen.

A Call and Response for Christmastide

Christ came to earth, weak and low.

Like us

Born of a woman.

Like us

With soft heart and fragile body.

Like us

He suffered.

Like us

He died, was buried, and resurrected.

And we are invited to life in him

Amen.

A Call and Response for Epiphany

Jesus, the Magi sought you.

And so we seek you

Guided by the star which God appointed.

And so we seek you

You do not remain hidden.

And so we seek you

We trust you will lead us to yourself.

And so we seek you

Amen.

A Call and Response for Lent

Let us remember Christ cast into the wilderness

for forty days and nights.

And recall the mortal flesh he took on for us.

From dust we came, to dust we return

Remember his hunger and thirst, like ours.

From dust we came, to dust we return

Remember his temptations from the devil, like ours.

From dust we came, to dust we return

Strengthen us take up our crosses and follow you.

Amen.

A Call and Response for Palm Sunday

At the start of the service:

We have read of Christ's coming and trust it is true.

The day draws near

We are eager to announce Jesus as king.

The day draws near

Our feet are dressed to follow him in suffering.

The day draws near

And our hearts are prepared to follow him in resurrection.

The day draws near

See, our king is coming!

Blessed in he who comes in the name of the Lord

At the conclusion of the service:

We have read of Christ's coming and trust it is true.

The day is here

We are eager to announce Jesus as king.

The day is here

Our feet are dressed to follow him in suffering.

The day is here

And our hearts are prepared to follow him in resurrection.

The day is here

See, our king has come!

Blessed in he who comes in the name of the Lord

A Call and Response for Eastertide

Christ the Lord is risen today.

Indeed!

Christ the Lord ascended to heaven.

Indeed!

Christ Lord offers us life in him.

Indeed!

Amen.

A Call and Response for Pentecost

Holy Spirit who rested upon God's people with tongues of fire.

So rest upon us

Who filled their gathering like mighty wind.

So fill us

Whom Christ sent to be our guide.

So guide us

Amen.

A Call and Response for Communion

Jesus, by your death you have made many peoples into one people. Your work tears down the walls of hostility and division, making the many into one. As there is one loaf, we are one body.

Lord, in your mercy, make us one.

Lord, we confess we are often prone to bring the divisions of the old creation to the supper of the new creation. We confess we are prone to live in a way that contradicts the way we eat. May our hearts and lives faithfully represent our eating at your table.

Lord, in your mercy, make us one.

Spirit, in our weakness be our aid. Discord and division in your body are the fruit of sin and Satan. The path of disunity is lit by pride. May we forsake our sin and pride for humility and

dependence on the work of Christ in your Spirit. Keep us from rebuilding walls you have torn down.

Lord, in your mercy, make us one.

TREASURY OF BLESSINGS

This collection of blessings is to be read over certain people or rites of passage. These words seek to invoke the favor of God on a particular person, situation, or place. The practice of reading and reciting these words is an act of love—calling our attention and the attention of God toward something good. It is also an act of faith—trusting that God will see what we see and respond with kindness.

A Blessing for the Children

Our God has blessed us with the low and little.

May the children of this church grow great in the stature of love.

May their cries and questions be heard by us and by God.

May we tend to them tenderly and eagerly.

May they see the Lord's table.

May they know there is room enough for them there.

May we all eagerly await the day each first receives

The grace of Christ's body broken and blood poured.

May we set the table for them today in anticipation

And hope that they will feast tomorrow.

A Blessing for Work

May the God who spoke creation into existence,
Who formed you in his image and upholds all things,
Who patterns right and good work for you:
Establish the works of your hands.
Teach you the dignity of work before him.
Enliven you to work as unto him when you tire and grow weary.
May your work be salt and light
To a world which both begrudges and idolizes vocation.
May you work with excellence, recognizing your finitude
And dependence on him.
May your work compel you to rest in Christ.
And may God complete the work he began in you.

A Blessing for Our Church Building

May God bless the gathering of his people,
That brick and mortar would join the songs of his children,
That stone and steel underfoot and overhead
Would hold the presence of God among us.
May he establish his sanctuary as a place of flourishing and hope.
May the very life of Christ envelope
Those who step through these doors and halls.
May God make sacred what this world would call common.
May he make all things new in Christ in this place.
And so be the building of God's handiwork,
Set on the cornerstone of Christ Jesus.

A Blessing for Artists and Makers

Go and make today.
Make spaces where people are seen and heard.
Make homes that are open to neighbors.
Make art that points
To an abundant God with abundant promises.

A Blessing for the Home

May your home be filled with love and fellowship.
May it be a welcome sight to those arriving weary.
And may it be for you a temporary reminder
Of a future, sweeter repose.

A Blessing the Students/Academic Year

May the God of wisdom
Open your eyes to the wonders of the world.
May the Christ who humbled Himself to death on a cross
Humble your mind to learn from others.
May the Spirit of creation
Incite your heart to a curiosity
That stays far beyond your last class.
May your increased knowledge lead to a decrease in pride,
And an increase in worship of the one true God.

A Blessing for Food/M meal/Gathering

Lord: sustainer of life and giver of good things.
We give thanks for food that renews the strength of our bodies,

And companions which renew the strength of our hearts.
In your loving providence, you give the water and light
That brings life to the seed in the soil.
You sustain the hands and feet of those bringing substance
From field to table.
You alone turn the seed to laughter,
And strangers into brothers and sisters.
Bless this time together in accordance with your kindness.
May our delight in your good gifts be to your glory.

A Blessing a New Season

Abide in him, you who cross thresholds of time.
Abide in him, you who bravely move toward newness.
Abide in him, you who eagerly watch frosted ground thaw softly.
Abide in him, and be met with his generosity.
Abide in him, and be met with his faithfulness.

A Blessing at Baptism

Let this water tell the story of your soul washed new.
Be welcomed into the fold of Christ,
And into his bride, the Church.
Saint, go forth in newness of life.

A Blessing at Eucharist

May the broken body and poured blood of Jesus Christ
Renew our union with Christ and each other
Now and forever.

Blessing the City

Our Lord Jesus Christ wept at the gates of Jerusalem
Out of love for the land and its people.
May our hearts be so moved for our own city
As we hold in tandem the beauty
And brokenness of our neighborhood.
May we go forth as agents of restoration.
Establishing the Kingdom of Heaven on Earth.
May God's favor rest upon the work of our hands.

Blessing a Birthday

In years gone by, the Lord around you.
In this new age, the Lord surround you.
In delight of your life, the Lord within you.

Blessing Our Spoken Words

May the Holy Spirit grow your listening
So each word spoken seasons every conversation
With what is acceptable in our Father's sight.
The Word made flesh be on your tongues in all you say,
Full of grace and truth,
And grant you wisdom to know
When your words should be many or few.
In all our words, Lord, may we embody you.

Blessing for Travel

God, be near to those who travel new roads,
Who traverse new land, who meet faces old and new.
Let all they touch be left with the fragrance of your Kingdom.

Blessing the Sick

May God have mercy on those sick and sore.
As lungs burn, bodies ache, and illness hold sway.
May God heap comfort upon fevered heads.
May he restore strength to wearied bones.
Where there is pain, let healing swiftly enter.

Blessing for the Heavy Laden

May all we seek to carry alone,
Be placed upon your yoke instead.
May all we hope to fix ourselves,
Be placed upon your yoke instead.
May all our heavy and burdensome cares,
Be placed upon your yoke instead.
And through the church, your bride,
Carry us farther still.

Blessing a Family

May we gather around your Word,
Grow in the stature of your love,
And participate in your Kingdom come on earth.

Blessing the Aging

O Lord, bless the aging as they have blessed us,
By teaching us your ways and passing the baton of wisdom.
May their hearts be young and full of faith,
With bodies strong and steadfast.
And may they cling unwaveringly to the vine head
As we cling, too, onto them.

Blessing the Young of Faith

Our joy is perfected in the widening family of God.
Welcoming those who newly believe
In the resurrection of all things.
Bless, O Lord, the young of faith, your children grafted-in.
Preserve their childlikeness and keep their curiosity.
Dispel cynicism and help their unbelief.
May they be joined to your church on earth
Until their faith is made complete at your sight.

Blessing for Graduation

O Lord God who gives us breath and sustains our life:
As one season of life ends and another begins
We give you thanks and plead for your blessing.
Thank you for your sustaining grace and strength
Through our trials and pain.
In this new season, we seek your continued provision.
In uncertainty, provide confidence.
In confusion, provide clarity.

Give joy in our labors and friends to know and be known by.
May your Spirit direct each step,
And your grace sustain each breath.
In all our endeavors, may we continually be formed
Into the image of Christ for the good of others.

PLANNER PAGES

December 1, 2024

Sunday

Isaiah 1, Psalm 1, Proverbs 1

Sunday Sermon Notes



First Day of Advent, December 1

December 2nd–4th

Monday

Isaiah 2, Psalm 2, Proverbs 2

Tuesday

Isaiah 3–4, Psalm 3, Proverbs 3

Wednesday

Isaiah 5, Psalm 4, Proverbs 4

December 5th–7th

Thursday

Isaiah 6–7, Psalm 5, Proverbs 5

Friday

Isaiah 8–9, Psalm 6, Proverbs 6

Saturday

Isaiah 10–11, Psalm 7, Proverbs 7

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

Where everything quiets, allowing us to hear your voice.

Where we learn to truly know ourselves so that we can truly
know you.

Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

December 8, 2024

Sunday

Isaiah 14, Psalm 8, Proverbs 8

Sunday Sermon Notes

December 9th–11th

Monday

Isaiah 24, Psalm 9, Proverbs 9

Tuesday

Isaiah 25, Psalm 10, Proverbs 10

Wednesday

Isaiah 26, Psalm 11, Proverbs 11

December 12th–14th

Thursday

Isaiah 29, Psalm 12, Proverbs 12

Friday

Isaiah 30–31, Psalm 13, Proverbs 13

Saturday

Isaiah 32–33, Psalm 14, Proverbs 14

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How will I respond to what God has revealed to me?

December 15, 2024

Sunday

Isaiah 35, Psalm 15, Proverbs 15

Sunday Sermon Notes

December 16th–18th

Monday

Isaiah 40, Psalm 16, Proverbs 16

Tuesday

Isaiah 42, Psalm 17, Proverbs 17

Wednesday

Isaiah 43–44, Psalm 18, Proverbs 18

December 19th–21st

Thursday

Isaiah 48–49, Psalm 19, Proverbs 19

Friday

Isaiah 50, Psalm 20, Proverbs 20

Saturday

Isaiah 53, Psalm 21, Proverbs 21

Prayer of Listening

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Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

December 22, 2024

Sunday

Isaiah 55, Psalm 22, Proverbs 22

Sunday Sermon Notes



First Day of Christmastide, December 25

December 23rd–25th

Monday

Isaiah 60–61, Psalm 23, Proverbs 23

Tuesday

Isaiah 62, 65, Psalm 24, Proverbs 24

Wednesday

Luke 2:1–20, Psalm 25, Proverbs 25

December 26th–28th

Thursday

Matthew 1:1–17, Psalm 26, Proverbs 26

Friday

Matthew 1:18–25, Psalm 27, Proverbs 27

Saturday

Matthew 2:1–12, Psalm 28, Proverbs 28

Prayer of Listening

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Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

December 29, 2024

Sunday

Matthew 2:13–23, Psalm 29, Proverbs 29

Sunday Sermon Notes

December 30th–January 1st

Monday

Matthew 3, Psalm 30, Proverbs 30

Tuesday

Luke 2:21–40, Psalm 31, Proverbs 31

Wednesday

Luke 2:41–52, Psalm 32, Proverbs 1

January 2nd–4th

Thursday

Hebrews 1, Psalm 33, Proverbs 2

Friday

Hebrews 5, Psalm 34, Proverbs 3

Saturday

Hebrews 11, Psalm 35, Proverbs 4

Prayer of Listening

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

January 5, 2025

Sunday

Hebrews 12, Psalm 36, Proverbs 5

Sunday Sermon Notes



First Day of Epiphany, January 6

January 6th–8th

Monday

John 1, Psalm 37, Proverbs 6

Tuesday

John 2, Psalm 38, Proverbs 7

Wednesday

John 3, Psalm 39, Proverbs 8

January 9th–11th

Thursday

John 4, Psalm 40, Proverbs 9

Friday

John 5, Psalm 41, Proverbs 10

Saturday

John 6, Psalm 42, Proverbs 11

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

January 12, 2025

Sunday

John 7, Psalm 43, Proverbs 12

Sunday Sermon Notes

January 13th–15th

Monday

John 8, Psalm 44, Proverbs 13

Tuesday

John 9, Psalm 45, Proverbs 14

Wednesday

John 10, Psalm 46, Proverbs 15

January 16th–18th

Thursday

John 11, Psalm 47, Proverbs 16

Friday

John 12, Psalm 48, Proverbs 17

Saturday

John 13, Psalm 49, Proverbs 18

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
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Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

January 19, 2025

Sunday

John 14, Psalm 50, Proverbs 19

Sunday Sermon Notes

January 20th–22nd

Monday

John 15, Psalm 51, Proverbs 19

Tuesday

John 16, Psalm 52, Proverbs 20

Wednesday

John 17, Psalm 53, Proverbs 21

January 23rd–25th

Thursday

John 18, Psalm 54, Proverbs 22

Friday

John 19, Psalm 55, Proverbs 23

Saturday

John 20, Psalm 56, Proverbs 24

Prayer of Listening

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

January 26, 2025

Sunday

John 21, Psalm 57, Proverbs 25

Sunday Sermon Notes

January 27th–29th

Monday

Mark 1, Psalm 58, Proverbs 26

Tuesday

Mark 2, Psalm 59, Proverbs 27

Wednesday

Mark 3, Psalm 60, Proverbs 28

January 30th–February 1st

Thursday

Mark 4, Psalm 61, Proverbs 29

Friday

Mark 5, Psalm 62, Proverbs 30

Saturday

Mark 6, Psalm 62, Proverbs 31

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

February 2, 2025

Sunday

Mark 7, Psalm 63, Proverbs 1

Sunday Sermon Notes

February 3rd–5th

Monday

Mark 8, Psalm 64, Proverbs 2

Tuesday

Mark 9, Psalm 65, Proverbs 3

Wednesday

Mark 10, Psalm 66, Proverbs 4

February 6th–8th

Thursday

Mark 11, Psalm 67, Proverbs 5

Friday

Mark 12, Psalm 68, Proverbs 6

Saturday

Mark 13, Psalm 69, Proverbs 7

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
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Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

February 9, 2025

Sunday

Mark 14, Psalm 70, Proverbs 8

Sunday Sermon Notes

February 10th–12th

Monday

Mark 15, Psalm, 71, Proverbs 9

Tuesday

Mark 16, Psalm 72, Proverbs 10

Wednesday

Galatians 1, Psalm 73, Proverbs 11

February 13th–15th

Thursday

Galatians 2, Psalm 74, Proverbs 12

Friday

Galatians 3, Psalm 75, Proverbs 13

Saturday

Galatians 4, Psalm 75, Proverbs 13

Prayer of Listening

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How will I respond to what God has revealed to me?

February 16, 2025

Sunday

Galatians 5, Psalm 76, Proverbs 14

Sunday Sermon Notes

February 17th–19th

Monday

Galatians 6, Psalm 77, Proverbs 15

Tuesday

James 1, Psalm 78, Proverbs 16

Wednesday

James 2, Psalm 79, Proverbs 17

February 20th–22nd

Thursday

James 3, Psalm 80, Proverbs 18

Friday

James 4, Psalm 81, Proverbs 19

Saturday

James 5, Psalm 82, Proverbs 20

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
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Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

February 23, 2025

Sunday

Philippians 1, Psalm 83, Proverbs 21

Sunday Sermon Notes

February 24th–26th

Monday

Philippians 2, Psalm 84, Proverbs 22

Tuesday

Philippians 3, Psalm 85, Proverbs 23

Wednesday

Philippians 4, Psalm 86, Proverbs 24

February 27th–March 1st

Thursday

1 Timothy 1, Psalm 87, Proverbs 26

Friday

1 Timothy 2–3, Psalm 88, Proverbs 27

Saturday

1 Timothy 4, Psalm 89, Proverbs 28

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

Where everything quiets, allowing us to hear your voice.

Where we learn to truly know ourselves so that we can truly
know you.

Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

March 2, 2025

Sunday

1 Timothy 5, Psalm 90, Proverbs 29

Sunday Sermon Notes



First Day of Lent, March 5

March 3rd–5th

Monday

I Timothy 6, Psalm 91, Proverbs 30

Tuesday

Matthew 4, Psalm 92, Proverbs 31

Wednesday

Matthew 5, Psalm 93, Proverbs 1

March 6th–8th

Thursday

Matthew 6, Psalm 94, Proverbs 2

Friday

Matthew 7, Psalm 95, Proverbs 3

Saturday

Matthew 8, Psalm 96, Proverbs 4

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

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we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

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*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

March 9, 2025

Sunday

Matthew 9, Psalm 97, Proverbs 5

Sunday Sermon Notes

March 10th–12th

Monday

Matthew 10 Psalm 98, Proverbs 6

Tuesday

Matthew 11, Psalm 99, Proverbs 7

Wednesday

Matthew 12, Psalm 100, Proverbs 8

March 13th–15th

Thursday

Matthew 13, Psalm 101, Proverbs 9

Friday

Matthew 14, Psalm 102, Proverbs 10

Saturday

Matthew 15, Psalm 103, Proverbs 11

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

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know you.

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Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

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*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

March 16, 2025

Sunday

Matthew 16, Psalm 104, Proverbs 12

Sunday Sermon Notes

March 17th–19th

Monday

Matthew 17, Psalm 105, Proverbs 13

Tuesday

Matthew 18, Psalm 106, Proverbs 14

Wednesday

Matthew 19, Psalm 107, Proverbs 15

March 20th–22nd

Thursday

Matthew 20, Psalm 108, Proverbs 16

Friday

Matthew 21, Psalm 109, Proverbs 17

Saturday

Matthew 22, Psalm 110, Proverbs 18

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

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Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

March 23, 2025

Sunday

Matthew 23, Psalm 111, Proverbs 19

Sunday Sermon Notes

March 24th–26th

Monday

Matthew 24, Psalm 112, Proverbs 20

Tuesday

Matthew 25, Psalm 113, Proverbs 21

Wednesday

Matthew 26, Psalm 114, Proverbs 22

March 27th–29th

Thursday

Matthew 27, Psalm 115, Proverbs 23

Friday

Matthew 28, Psalm 116, Proverbs 24

Saturday

Luke 3–4, Psalm 117, Proverbs 25

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

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Where we learn to truly know ourselves so that we can truly
know you.

Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

March 30, 2025

Sunday

Luke 5, Psalm 118, Proverbs 26

Sunday Sermon Notes

March 31st–April 2nd

Monday

Luke 6, Psalm 119:1–32, Proverbs 27

Tuesday

Luke 7, Psalm 119:33–64, Proverbs 28

Wednesday

Luke 8, Psalm 119:65–96, Proverbs 29

April 3rd–5th

Thursday

Luke 9, Psalm 119:97–120, Proverbs 30

Friday

Luke 10, Psalm 119:121–152, Proverbs 31

Saturday

Luke 11, Psalm 119:153–176, Proverbs 1

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

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Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

April 6, 2025

Sunday

Luke 12, Psalm 120, Proverbs 2

Sunday Sermon Notes

April 7th–9th

Monday

Luke 13, Psalm 121, Proverbs 3

Tuesday

Luke 14, Psalm 122, Proverbs 4

Wednesday

Luke 15, Psalm 123, Proverbs 5

April 10th–12th

Thursday

Luke 16, Psalm 124, Proverbs 6

Friday

Luke 17, Psalm 125, Proverbs 7

Saturday

Luke 18, Psalm 126, Proverbs 8

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

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Where we learn to truly know ourselves so that we can truly
know you.

Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

April 13, 2025

Sunday

Luke 19, Psalm 127, Proverbs 9

Sunday Sermon Notes



Holy Week, April 13th–19th

April 14th–16th

Monday

Luke 20, Psalm 128, Proverbs 10

Tuesday

Luke 21, Psalm 129, Proverbs 11

Wednesday

Luke 22:1–46, Psalm 130, Proverbs 12

April 17th–19th

Thursday

Luke 22:47–71, Psalm 131, Proverbs 13

Friday

Luke 23:1–49, Psalm 132, Proverbs 14

Saturday

Luke 23:50–56, Psalm 133, Proverbs 15

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.
Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

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know you.

Where we listen instead of speak.

Where our small story is seen in light of your great story.

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we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

April 20, 2025

Sunday

Luke 24, Psalm 134, Proverbs 16

Sunday Sermon Notes



First Day of Eastertide, April 20

April 21st–23rd

Monday

Romans 1, Psalm 135, Proverbs 17

Tuesday

Romans 2, Psalm 136, Proverbs 18

Wednesday

Romans 3, Psalm 137, Proverbs 19

April 24th–26th

Thursday

Romans 4, Psalm 138, Proverbs 20

Friday

Romans 5, Psalm 139, Proverbs 21

Saturday

Romans 6, Psalm 140, Proverbs 22

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

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know you.

Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

April 27, 2025

Sunday

Romans 7, Psalm 141, Proverbs 23

Sunday Sermon Notes

April 28th–30th

Monday

Romans 8, Psalm 142, Proverbs 24

Tuesday

Romans 9, Psalm 143, Proverbs 25

Wednesday

Romans 10, Psalm 144, Proverbs 26

May 1st–3rd

Thursday

Romans 11, Psalm 145, Proverbs 26

Friday

Romans 12, Psalm 146, Proverbs 27

Saturday

Romans 13, Psalm 147, Proverbs 28

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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Where our burdened hearts receive your merciful grace.

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Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

May 4, 2025

Sunday

Romans 14, Psalm 148, Proverbs 29

Sunday Sermon Notes

May 5th–7th

Monday

Romans 15, Psalm 149, Proverbs 30

Tuesday

Romans 16, Psalm 150, Proverbs 31

Wednesday

Job 1, Psalm 1, Proverbs 1

May 8th–10th

Thursday

Job 2–3, Psalm 2, Proverbs 2

Friday

Job 4–5, Psalm 3, Proverbs 3

Saturday

Job 6–7, Psalm 4, Proverbs 4

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

May 11, 2025

Sunday

Job 8, Psalm 5, Proverbs 5

Sunday Sermon Notes

May 12th–14th

Monday

Job 9–10, Psalm 6, Proverbs 6

Tuesday

Job 11, Psalm 7, Proverbs 7

Wednesday

Job 12–14, Psalm 8, Proverbs 8

May 15th–17th

Thursday

Job 28, Psalm 9, Proverbs 9

Friday

Job 29–31, Psalm 10, Proverbs 10

Saturday

Job 32, Psalm 11, Proverbs 11

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

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Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

May 18, 2025

Sunday

Job 33–34, Psalm 12, Proverbs 12

Sunday Sermon Notes

May 19th–21st

Monday

Job 35–37, Psalm 13, Proverbs 13

Tuesday

Job 38–39, Psalm 14, Proverbs 14

Wednesday

Job 40, Psalm 15, Proverbs 15

May 22nd–24th

Thursday

Job 41, Psalm 16, Proverbs 16

Friday

Job 42, Psalm 17, Proverbs 17

Saturday

Ruth 1, Psalm 18, Proverbs 18

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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stillness and peace.

Where our burdened hearts receive your merciful grace.

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The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

May 25, 2025

Sunday

Ruth 2, Psalm 19, Proverbs 19

Sunday Sermon Notes

May 26th–28th

Monday

Ruth 3, Psalm 20, Proverbs 20

Tuesday

Ruth 4, Psalm 21, Proverbs 21

Wednesday

Jonah 1, Psalm 22, Proverbs 22

May 29th–31st

Thursday

Jonah 2, Psalm 23, Proverbs 23

Friday

Jonah 3, Psalm 24, Proverbs 24

Saturday

Jonah 4, Psalm 25, Proverbs 25

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
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The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

June 1, 2025

Sunday

Ephesians 1, Psalm 26, Proverbs 26

Sunday Sermon Notes

June 2nd–4th

Monday

Ephesians 2, Psalm 27, Proverbs 27

Tuesday

Ephesians 3, Psalm 28, Proverbs 28

Wednesday

Ephesians 4, Psalm 29, Proverbs 29

June 5th–7th

Thursday

Ephesians 5, Psalm 30, Proverbs 30

Friday

Ephesians 6, Psalm 31, Proverbs 31

Saturday

Acts 1, Psalm 32, Proverbs 1

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

Where everything quiets, allowing us to hear your voice.

Where we learn to truly know ourselves so that we can truly
know you.

Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

June 8, 2025

Sunday

Acts 2, Psalm 33, Proverbs 2

Sunday Sermon Notes



First Day of Pentecost / Ordinary Time, June 8

June 9th–11th

Monday

Acts 3, Psalm 34, Proverbs 3

Tuesday

Acts 4, Psalm 35, Proverbs 4

Wednesday

Acts 5, Psalm 36, Proverbs 5

June 12th–14th

Thursday

Acts 6, Psalm 37, Proverbs 6

Friday

Acts 7, Psalm 38, Proverbs 7

Saturday

Acts 8, Psalm 39, Proverbs 8

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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your Word to transform us by the power of your Spirit.

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

June 15, 2025

Sunday

Acts 9, Psalm 40, Proverbs 9

Sunday Sermon Notes

June 16th–18th

Monday

Acts 10, Psalm 41, Proverbs 10

Tuesday

Acts 11, Psalm 42, Proverbs 11

Wednesday

Acts 12, Psalm 43, Proverbs 12

June 19th–21st

Thursday

Acts 13, Psalm 44, Proverbs 13

Friday

Acts 14, Psalm 45, Proverbs 14

Saturday

Acts 15, Psalm 46, Proverbs 15

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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your Word to transform us by the power of your Spirit.

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

June 22, 2025

Sunday

Acts 16, Psalm 46, Proverbs 15

Sunday Sermon Notes

June 23rd–25th

Monday

Acts 17, Psalm 47, Proverbs 16

Tuesday

Acts 18, Psalm 48, Proverbs 17

Wednesday

Acts 19, Psalm 49, Proverbs 18

June 26th–28th

Thursday

Acts 20, Psalm 50, Proverbs 19

Friday

Acts 21, Psalm 51, Proverbs 20

Saturday

Acts 22, Psalm 52, Proverbs 21

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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your Word to transform us by the power of your Spirit.

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

June 29, 2025

Sunday

Acts 23, Psalm 53, Proverbs 22

Sunday Sermon Notes

June 30th–July 2nd

Monday

Acts 24, Psalm 54, Proverbs 23

Tuesday

Acts 25, Psalm 55, Proverbs 24

Wednesday

Acts 26, Psalm 56, Proverbs 25

July 3rd–5th

Thursday

Acts 27, Psalm 57, Proverbs 26

Friday

Acts 28, Psalm 58, Proverbs 27

Saturday

Genesis 1, Psalm 59, Proverbs 28

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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your Word to transform us by the power of your Spirit.

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

July 6, 2025

Sunday

Genesis 2, Psalm 60, Proverbs 29

Sunday Sermon Notes

July 7th–9th

Monday

Genesis 3, Psalm 61, Proverbs 30

Tuesday

Genesis 4, Psalm 62, Proverbs 31

Wednesday

Genesis 5, Psalm 63, Proverbs 1

July 10th–12th

Thursday

Genesis 6, Psalm 64, Proverbs 2

Friday

Genesis 7, Psalm 65, Proverbs 3

Saturday

Genesis 8, Psalm 66, Proverbs 4

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
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*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

July 13, 2025

Sunday

Genesis 9, Psalm 67, Proverbs 5

Sunday Sermon Notes

July 14th–16th

Monday

Genesis 10, Psalm 68, Proverbs 6

Tuesday

Genesis 11, Psalm 69, Proverbs 7

Wednesday

Genesis 12, Psalm 70, Proverbs 8

July 17th–19th

Thursday

Genesis 13, Psalm 71, Proverbs 9

Friday

Genesis 14, Psalm 72, Proverbs 10

Saturday

Genesis 15, Psalm 73, Proverbs 11

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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Weekly Examen

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you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

July 20, 2025

Sunday

Genesis 16, Psalm 74, Proverbs 12

Sunday Sermon Notes

July 21st–23rd

Monday

Genesis 17, Psalm 75, Proverbs 13

Tuesday

Genesis 18, Psalm 76, Proverbs 14

Wednesday

Genesis 19, Psalm 77, Proverbs 15

July 24th–26th

Thursday

Genesis 20, Psalm 78, Proverbs 16

Friday

Genesis 21, Psalm 79, Proverbs 17

Saturday

Genesis 22, Psalm 80, Proverbs 18

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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*What has helped or hindered you from being aware of God's love
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you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

July 27, 2025

Sunday

Genesis 23, Psalm 81, Proverbs 19

Sunday Sermon Notes

July 28th–30th

Monday

Genesis 24, Psalm 82, Proverbs 20

Tuesday

Genesis 25, Psalm 83, Proverbs 21

Wednesday

Genesis 26, Psalm 84, Proverbs 22

July 31st–August 2nd

Thursday

Genesis 27, Psalm 85, Proverbs 23

Friday

Genesis 28, Psalm 86, Proverbs 24

Saturday

Genesis 29, Psalm 87, Proverbs 25

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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stillness and peace.

Where our burdened hearts receive your merciful grace.

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Amen.

Weekly Examen

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Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

August 3, 2025

Sunday

Genesis 30, Psalm 88, Proverbs 26

Sunday Sermon Notes

August 4th–6th

Monday

Genesis 31, Psalm 89, Proverbs 27

Tuesday

Genesis 32, Psalm 90, Proverbs 28

Wednesday

Genesis 33, Psalm 91, Proverbs 29

August 7th–9th

Thursday

Genesis 34, Psalm 92, Proverbs 30

Friday

Genesis 35, Psalm 93, Proverbs 31

Saturday

Genesis 36, Psalm 94, Proverbs 1

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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your Word to transform us by the power of your Spirit.

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Amen.

Weekly Examen

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you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

August 10, 2025

Sunday

Genesis 37, Psalm 95, Proverbs 2

Sunday Sermon Notes

August 11th–13th

Monday

Genesis 38, Psalm 96, Proverbs 3

Tuesday

Genesis 39, Psalm 97, Proverbs 4

Wednesday

Genesis 40, Psalm 98, Proverbs 5

August 14th–16th

Thursday

Genesis 41, Psalm 99, Proverbs 6

Friday

Genesis 42, Psalm 100, Proverbs 7

Saturday

Genesis 43, Psalm 101, Proverbs 8

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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your Word to transform us by the power of your Spirit.

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Weekly Examen

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Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

August 17, 2025

Sunday

Genesis 44, Psalm 102, Proverbs 9

Sunday Sermon Notes

August 18th–20th

Monday

Genesis 45, Psalm 103, Proverbs 10

Tuesday

Genesis 46, Psalm 104, Proverbs 11

Wednesday

Genesis 47, Psalm 105, Proverbs 12

August 21st–23rd

Thursday

Genesis 48, Psalm 106, Proverbs 13

Friday

Genesis 49, Psalm 107, Proverbs 14

Saturday

Genesis 50, Psalm 108, Proverbs 15

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

August 24, 2025

Sunday

Exodus 1, Psalm 109, Proverbs 16

Sunday Sermon Notes

August 25th–27th

Monday

Exodus 2, Psalm 110, Proverbs 17

Tuesday

Exodus 3, Psalm 111, Proverbs 18

Wednesday

Exodus 4, Psalm 112, Proverbs 19

August 28th–30th

Thursday

Exodus 5, Psalm 113, Proverbs 20

Friday

Exodus 6, Psalm 114, Proverbs 21

Saturday

Exodus 7, Psalm 115, Proverbs 22

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

August 31, 2025

Sunday

Exodus 8, Psalm 116, Proverbs 23

Sunday Sermon Notes

September 1st–3rd

Monday

Exodus 9, Psalm 117, Proverbs 24

Tuesday

Exodus 10, Psalm 118, Proverbs 25

Wednesday

Exodus 11, Psalm 119:1–32, Proverbs 26

September 4th–6th

Thursday

Exodus 12, Psalm 119:33–64, Proverbs 27

Friday

Exodus 13, Psalm 119:65–96, Proverbs 28

Saturday

Exodus 14, Psalm 119:97–120, Proverbs 29

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

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Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

September 7, 2025

Sunday

Exodus 15, Psalm 119:121–152, Proverbs 30

Sunday Sermon Notes

September 8th–10th

Monday

Exodus 16, Psalm 119:153–176, Proverbs 31

Tuesday

Exodus 17, Psalm 120, Proverbs 1

Wednesday

Exodus 19, Psalm 121, Proverbs 2

September 11th–13th

Thursday

Exodus 20, Psalm 122, Proverbs 3

Friday

Exodus 21, Psalm 123, Proverbs 4

Saturday

Exodus 22, Psalm 124, Proverbs 5

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

Become aware of God's presence; receive his gaze of love.

*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

Review your week with gratitude and gentleness.

*What troubled you? Challenged you? Brought you joy? Have
you been stirred to greater love of God and neighbor?*

Recognize your emotions.

Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

September 14, 2025

Sunday

Exodus 23, Psalm 125, Proverbs 6

Sunday Sermon Notes

September 15th–17th

Monday

Exodus 24, Psalm 126, Proverbs 7

Tuesday

Exodus 25, Psalm 127, Proverbs 8

Wednesday

Exodus 26, Psalm 128, Proverbs 9

September 18th–20th

Thursday

Exodus 27, Psalm 129, Proverbs 10

Friday

Exodus 28, Psalm 130, Proverbs 11

Saturday

Exodus 29, Psalm 131, Proverbs 12

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

Where our soul releases control and yields to the Spirit.

Where everything quiets, allowing us to hear your voice.

Where we learn to truly know ourselves so that we can truly
know you.

Where we listen instead of speak.

Where our small story is seen in light of your great story.

Where we practice being present with ourselves in Christ so
we can become the presence of Christ to others.

The place we get more of you.

Amen.

Weekly Examen

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*What has helped or hindered you from being aware of God's love
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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

September 21, 2025

Sunday

Exodus 30, Psalm 132, Proverbs 13

Sunday Sermon Notes

September 22nd–24th

Monday

Exodus 31, Psalm 133, Proverbs 14

Tuesday

Exodus 32, Psalm 134, Proverbs 15

Wednesday

Exodus 33, Psalm 135, Proverbs 16

September 25th–27th

Thursday

Exodus 34, Psalm 136, Proverbs 17

Friday

Exodus 35, Psalm 137, Proverbs 18

Saturday

Exodus 36, Psalm 138, Proverbs 19

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

Where you search us and know us, love us and heal us.

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The place we get more of you.

Amen.

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Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

September 28, 2025

Sunday

Exodus 37, Psalm 139, Proverbs 20

Sunday Sermon Notes

September 29th–October 1st

Monday

Exodus 38, Psalm 140, Proverbs 21

Tuesday

Exodus 39, Psalm 141, Proverbs 22

Wednesday

Exodus 40, Psalm 142, Proverbs 23

October 2nd–4th

Thursday

Leviticus 1, Psalm 143, Proverbs 24

Friday

Leviticus 16, Psalm 144, Proverbs 25

Saturday

Leviticus 36, Psalm 145, Proverbs 26

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

October 5, 2025

Sunday

Numbers 1, Psalm 146, Proverbs 27

Sunday Sermon Notes

October 6th–8th

Monday

Numbers 2, Psalm 147, Proverbs 28

Tuesday

Numbers 9, Psalm 148, Proverbs 29

Wednesday

Numbers 10, Psalm 149, Proverbs 30

October 9th–11th

Thursday

Numbers 11, Psalm 150, Proverbs 31

Friday

Numbers 12, Psalm 1, Proverbs 1

Saturday

Numbers 13, Psalm 2, Proverbs 2

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
stillness and peace.

Where our burdened hearts receive your merciful grace.

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Amen.

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*What has helped or hindered you from being aware of God's love
and presence in your life this week?*

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you been stirred to greater love of God and neighbor?*

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Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

October 12, 2025

Sunday

Numbers 14, Psalm 3, Proverbs 3

Sunday Sermon Notes

October 13th–15th

Monday

Numbers 16, Psalm 4, Proverbs 4

Tuesday

Numbers 17–18, Psalm 5, Proverbs 5

Wednesday

Numbers 20, Psalm 6, Proverbs 6

October 16th–18th

Thursday

Numbers 21, Psalm 7, Proverbs 7

Friday

Numbers 22, Psalm 8, Proverbs 8

Saturday

Numbers 23, Psalm 9, Proverbs 9

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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your Word to transform us by the power of your Spirit.

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The place we get more of you.

Amen.

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Become aware of God's presence; receive his gaze of love.

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

October 19, 2025

Sunday

Numbers 24, Psalm 10, Proverbs 10

Sunday Sermon Notes

October 20th–22nd

Monday

Numbers 25, Psalm 11, Proverbs 11

Tuesday

Numbers 27, Psalm 12, Proverbs 12

Wednesday

Numbers 31, Psalm 13, Proverbs 13

October 23rd–25th

Thursday

Numbers 32, Psalm 14, Proverbs 14

Friday

Numbers 33, Psalm 15, Proverbs 15

Saturday

Numbers 34, Psalm 16, Proverbs 16

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

Where the twins of solitude and silence prepare room for
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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

October 26, 2025

Sunday

Numbers 36 Psalm 17, Proverbs 17

Sunday Sermon Notes

October 27th–29th

Monday

Deuteronomy 1, Psalm 18, Proverbs 18

Tuesday

Deuteronomy 2, Psalm 19, Proverbs 19

Wednesday

Deuteronomy 3, Psalm 20, Proverbs 20

October 30th–November 1st

Thursday

Deuteronomy 4, Psalm 21, Proverbs 21

Friday

Deuteronomy 5, Psalm 22, Proverbs 22

Saturday

Deuteronomy 6, Psalm 23, Proverbs 23

Prayer of Listening

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

November 2, 2025

Sunday

Deuteronomy 7, Psalm 24, Proverbs 24

Sunday Sermon Notes

November 3rd–5th

Monday

Deuteronomy 8, Psalm 25, Proverbs 25

Tuesday

Deuteronomy 9, Psalm 26, Proverbs 26

Wednesday

Deuteronomy 10, Psalm 27, Proverbs 27

November 6th–8th

Thursday

Deuteronomy 11, Psalm 28, Proverbs 28

Friday

Deuteronomy 12, Psalm 29, Proverbs 29

Saturday

Deuteronomy 13, Psalm 30, Proverbs 30

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
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Father, lead us to that desert place where Jesus met with you.

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

November 9, 2025

Sunday

Deuteronomy 14, Psalm 31, Proverbs 31

Sunday Sermon Notes

November 10th–12th

Monday

Deuteronomy 15, Psalm 32, Proverbs 1

Tuesday

Deuteronomy 16, Psalm 33, Proverbs 2

Wednesday

Deuteronomy 17, Psalm 34, Proverbs 3

November 13th–15th

Thursday

Deuteronomy 18, Psalm 35, Proverbs 4

Friday

Deuteronomy 19, Psalm 36, Proverbs 5

Saturday

Deuteronomy 20, Psalm 37, Proverbs 6

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

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Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

November 16, 2025

Sunday

Deuteronomy 21, Psalm 38, Proverbs 7

Sunday Sermon Notes

November 17th–19th

Monday

Deuteronomy 22, Psalm 39, Proverbs 8

Tuesday

Deuteronomy 23, Psalm 40, Proverbs 9

Wednesday

Deuteronomy 24, Psalm 41, Proverbs 10

November 20th–22nd

Thursday

Deuteronomy 25, Psalm 42, Proverbs 11

Friday

Deuteronomy 26, Psalm 43, Proverbs 12

Saturday

Deuteronomy 27, Psalm 44, Proverbs 13

Prayer of Listening

*Consider using this prayer prior to participating in the weekly examen
and/or listening to this week's sermon.*

Father, lead us to that desert place where Jesus met with you.

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your Word to transform us by the power of your Spirit.

Where the churning, muddy water of our minds experience
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The place we get more of you.

Amen.

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Is God revealing a wound that he wishes to heal? A growth in joy? A need of mercy? A release of shame? A comfort of forgiveness?

Choose one feature of last week and pray from it.

Where do you most need God's help?

Look ahead in peace toward next week.

How will I respond to what God has revealed to me?

November 23, 2025

Sunday

Deuteronomy 28, Psalm 45, Proverbs 14

Sunday Sermon Notes

November 24th–26th

Monday

Deuteronomy 29, Psalm 46, Proverbs 15

Tuesday

Deuteronomy 30, Psalm 47, Proverbs 16

Wednesday

Deuteronomy 31, Psalm 48, Proverbs 17

November 27th–29th

Thursday

Deuteronomy 32, Psalm 49, Proverbs 18

Friday

Deuteronomy 33, Psalm 50, Proverbs 19

Saturday

Deuteronomy 34, Psalm 51, Proverbs 20

BIBLE-IN-A-YEAR

READING PLAN

- | | |
|--|---|
| <input type="checkbox"/> <i>Dec 1</i> Gen 1–3 | <input type="checkbox"/> <i>Jan 3</i> Ex 38–39 |
| <input type="checkbox"/> <i>Dec 2</i> Gen 4–6 | <input type="checkbox"/> <i>Jan 4</i> Ex 40; Lev 1–2 |
| <input type="checkbox"/> <i>Dec 3</i> Gen 7–10 | <input type="checkbox"/> <i>Jan 5</i> Lev 3–5 |
| <input type="checkbox"/> <i>Dec 4</i> Gen 11–14 | <input type="checkbox"/> <i>Jan 6</i> Lev 6–7 |
| <input type="checkbox"/> <i>Dec 5</i> Gen 15–17 | <input type="checkbox"/> <i>Jan 7</i> Lev 8–10 |
| <input type="checkbox"/> <i>Dec 6</i> Gen 18–20 | <input type="checkbox"/> <i>Jan 8</i> Lev 11–12 |
| <input type="checkbox"/> <i>Dec 7</i> Gen 21–23 | <input type="checkbox"/> <i>Jan 9</i> Lev 13 |
| <input type="checkbox"/> <i>Dec 8</i> Gen 24–25 | <input type="checkbox"/> <i>Jan 10</i> Lev 14–15 |
| <input type="checkbox"/> <i>Dec 9</i> Gen 26–27 | <input type="checkbox"/> <i>Jan 11</i> Lev 16–18 |
| <input type="checkbox"/> <i>Dec 10</i> Gen 28–29 | <input type="checkbox"/> <i>Jan 12</i> Lev 19–20 |
| <input type="checkbox"/> <i>Dec 11</i> Gen 30–31 | <input type="checkbox"/> <i>Jan 13</i> Lev 21–22 |
| <input type="checkbox"/> <i>Dec 12</i> Gen 32–34 | <input type="checkbox"/> <i>Jan 14</i> Lev 23–24 |
| <input type="checkbox"/> <i>Dec 13</i> Gen 35–36 | <input type="checkbox"/> <i>Jan 15</i> Lev 25–26 |
| <input type="checkbox"/> <i>Dec 14</i> Gen 37–39 | <input type="checkbox"/> <i>Jan 16</i> Lev 27; Num 1 |
| <input type="checkbox"/> <i>Dec 15</i> Gen 40–41 | <input type="checkbox"/> <i>Jan 17</i> Num 2–3 |
| <input type="checkbox"/> <i>Dec 16</i> Gen 42–43 | <input type="checkbox"/> <i>Jan 18</i> Num 4 |
| <input type="checkbox"/> <i>Dec 17</i> Gen 44–46 | <input type="checkbox"/> <i>Jan 19</i> Num 5–6 |
| <input type="checkbox"/> <i>Dec 18</i> Gen 47–48 | <input type="checkbox"/> <i>Jan 20</i> Num 7–8 |
| <input type="checkbox"/> <i>Dec 19</i> Gen 49–50; Ex 1–2 | <input type="checkbox"/> <i>Jan 21</i> Num 9–11 |
| <input type="checkbox"/> <i>Dec 20</i> Ex 3–4 | <input type="checkbox"/> <i>Jan 22</i> Num 12–13 |
| <input type="checkbox"/> <i>Dec 21</i> Ex 5–7 | <input type="checkbox"/> <i>Jan 23</i> Num 14–15 |
| <input type="checkbox"/> <i>Dec 22</i> Ex 8–9 | <input type="checkbox"/> <i>Jan 24</i> Num 16–18 |
| <input type="checkbox"/> <i>Dec 23</i> Ex 10–12 | <input type="checkbox"/> <i>Jan 25</i> Num 19–20 |
| <input type="checkbox"/> <i>Dec 24</i> Ex 13–14 | <input type="checkbox"/> <i>Jan 26</i> Num 21–22 |
| <input type="checkbox"/> <i>Dec 25</i> Ex 15–17 | <input type="checkbox"/> <i>Jan 27</i> Num 23–25 |
| <input type="checkbox"/> <i>Dec 26</i> Ex 18–20 | <input type="checkbox"/> <i>Jan 28</i> Num 26–27 |
| <input type="checkbox"/> <i>Dec 27</i> Ex 21–22 | <input type="checkbox"/> <i>Jan 29</i> Num 28–30 |
| <input type="checkbox"/> <i>Dec 28</i> Ex 23–25 | <input type="checkbox"/> <i>Jan 30</i> Num 31–32 |
| <input type="checkbox"/> <i>Dec 29</i> Ex 26–28 | <input type="checkbox"/> <i>Jan 31</i> Num 33–34 |
| <input type="checkbox"/> <i>Dec 30</i> Ex 29 | <input type="checkbox"/> <i>Feb 1</i> Num 35–36; Deut 1 |
| <input type="checkbox"/> <i>Dec 31</i> Ex 30–32 | <input type="checkbox"/> <i>Feb 2</i> Deut 2 |
| <input type="checkbox"/> <i>Jan 1</i> Ex 33–34 | <input type="checkbox"/> <i>Feb 3</i> Deut 3–4 |
| <input type="checkbox"/> <i>Jan 2</i> Ex 35–37 | <input type="checkbox"/> <i>Feb 4</i> Deut 5–7 |

- ☐ *Feb 5* Deut 8–9
- ☐ *Feb 6* Deut 10–12
- ☐ *Feb 7* Deut 13–14
- ☐ *Feb 8* Deut 15–17
- ☐ *Feb 9* Deut 18–20
- ☐ *Feb 10* Deut 21–23
- ☐ *Feb 11* Deut 24–26
- ☐ *Feb 12* Deut 27–28
- ☐ *Feb 13* Deut 29
- ☐ *Feb 14* Deut 30–31
- ☐ *Feb 15* Deut 32–34
- ☐ *Feb 16* Josh 1–3
- ☐ *Feb 17* Josh 4–6
- ☐ *Feb 18* Josh 7–8
- ☐ *Feb 19* Josh 9–10
- ☐ *Feb 20* Josh 11–13
- ☐ *Feb 21* Josh 14–16
- ☐ *Feb 22* Josh 17–19
- ☐ *Feb 23* Josh 20–22
- ☐ *Feb 24* Josh 23–24
- ☐ *Feb 25* Jdg 1–2
- ☐ *Feb 26* Jdg 3–5
- ☐ *Feb 27* Jdg 6–7
- ☐ *Feb 28* Jdg 8
- ☐ *Mar 1* Jdg 9–10
- ☐ *Mar 2* Jdg 11–13
- ☐ *Mar 3* Jdg 14–16
- ☐ *Mar 4* Jdg 17–18
- ☐ *Mar 5* Jdg 19–20
- ☐ *Mar 6* Jdg 21; Rut 1–2
- ☐ *Mar 7* Rut 3–4; 1 Sa 1
- ☐ *Mar 8* 1 Sa 2–3
- ☐ *Mar 9* 1 Sa 4–6
- ☐ *Mar 10* 1 Sa 7–9
- ☐ *Mar 11* 1 Sa 10–12
- ☐ *Mar 12* 1 Sa 13–14
- ☐ *Mar 13* 1 Sa 15–16
- ☐ *Mar 14* 1 Sa 17–18
- ☐ *Mar 15* 1 Sa 19–20
- ☐ *Mar 16* 1 Sa 21–23
- ☐ *Mar 17* 1 Sa 24–25
- ☐ *Mar 18* 1 Sa 26–27
- ☐ *Mar 19* 1 Sa 28–30
- ☐ *Mar 20* 1 Sa 31; 2 Sa 1–2
- ☐ *Mar 21* 2 Sa 3–5
- ☐ *Mar 22* 2 Sa 6–8
- ☐ *Mar 23* 2 Sa 9–11
- ☐ *Mar 24* 2 Sa 12–13
- ☐ *Mar 25* 2 Sa 14–15
- ☐ *Mar 26* 2 Sa 16–17
- ☐ *Mar 27* 2 Sa 18–19
- ☐ *Mar 28* 2 Sa 20–21
- ☐ *Mar 29* 2 Sa 22–23
- ☐ *Mar 30* 2 Sa 24; 1 Kgs 1
- ☐ *Mar 31* 1 Kgs 2–3
- ☐ *Apr 1* 1 Kgs 4–5
- ☐ *Apr 2* 1 Kgs 6–7
- ☐ *Apr 3* 1 Kgs 8
- ☐ *Apr 4* 1 Kgs 9–10
- ☐ *Apr 5* 1 Kgs 11–12
- ☐ *Apr 6* 1 Kgs 13–14
- ☐ *Apr 7* 1 Kgs 15–16
- ☐ *Apr 8* 1 Kgs 17–18
- ☐ *Apr 9* 1 Kgs 19–20
- ☐ *Apr 10* 1 Kgs 21
- ☐ *Apr 11* 1 Kgs 22; 2 Kgs 1–2
- ☐ *Apr 12* 2 Kgs 3–4
- ☐ *Apr 13* 2 Kgs 5–6
- ☐ *Apr 14* 2 Kgs 7–8
- ☐ *Apr 15* 2 Kgs 9–10
- ☐ *Apr 16* 2 Kgs 11–12
- ☐ *Apr 17* 2 Kgs 13–14
- ☐ *Apr 18* 2 Kgs 15–16
- ☐ *Apr 19* 2 Kgs 17–18
- ☐ *Apr 20* 2 Kgs 19–21
- ☐ *Apr 21* 2 Kgs 22–23

- ☐ *Apr 22* 2 Kgs 24–25
- ☐ *Apr 23* 1 Chr 1–3
- ☐ *Apr 24* 1 Chr 4–5
- ☐ *Apr 25* 1 Chr 6–7
- ☐ *Apr 26* 1 Chr 8–10
- ☐ *Apr 27* 1 Chr 11–13
- ☐ *Apr 28* 1 Chr 14–16
- ☐ *Apr 29* 1 Chr 17–20
- ☐ *Apr 30* 1 Chr 21–23
- ☐ *May 1* 1 Chr 24–26
- ☐ *May 2* 1 Chr 27–28
- ☐ *May 3* 1 Chr 29; 2 Chr 1–2
- ☐ *May 4* 2 Chr 3–5
- ☐ *May 5* 2 Chr 6–8
- ☐ *May 6* 2 Chr 9–11
- ☐ *May 7* 2 Chr 12–15
- ☐ *May 8* 2 Chr 16–18
- ☐ *May 9* 2 Chr 19–21
- ☐ *May 10* 2 Chr 22–24
- ☐ *May 11* 2 Chr 25–26
- ☐ *May 12* 2 Chr 27–29
- ☐ *May 13* 2 Chr 30–31
- ☐ *May 14* 2 Chr 32–33
- ☐ *May 15* 2 Chr 34–35
- ☐ *May 16* 2 Chr 36; Ezr 1–2
- ☐ *May 17* Ezr 3–5
- ☐ *May 18* Ezr 6–7
- ☐ *May 19* Ezr 8–10
- ☐ *May 20* Neh 1–3
- ☐ *May 21* Neh 4–6
- ☐ *May 22* Neh 7–8
- ☐ *May 23* Neh 9–10
- ☐ *May 24* Neh 11–12
- ☐ *May 25* Neh 13; Est 1–2
- ☐ *May 26* Est 3–6
- ☐ *May 27* Est 7–9
- ☐ *May 28* Est 10; Job 1–4
- ☐ *May 29* Job 5–9
- ☐ *May 30* Job 10–14
- ☐ *May 31* Job 15–19
- ☐ *Jun 1* Job 20–23
- ☐ *Jun 2* Job 24–29
- ☐ *Jun 3* Job 30–33
- ☐ *Jun 4* Job 34–37
- ☐ *Jun 5* Job 38–41
- ☐ *Jun 6* Job 42; Ecc 1–3
- ☐ *Jun 7* Ecc 4–7
- ☐ *Jun 8* Ecc 8–12
- ☐ *Jun 9* Sos 1–6
- ☐ *Jun 10* Sos 7–8; Isa 1–2
- ☐ *Jun 11* Isa 3–6
- ☐ *Jun 12* Isa 7–9
- ☐ *Jun 13* Isa 10–13
- ☐ *Jun 14* Isa 14–18
- ☐ *Jun 15* Isa 19–22
- ☐ *Jun 16* Isa 23–26
- ☐ *Jun 17* Isa 27–29
- ☐ *Jun 18* Isa 30–33
- ☐ *Jun 19* Isa 34–36
- ☐ *Jun 20* Isa 37–39
- ☐ *Jun 21* Isa 40–42
- ☐ *Jun 22* Isa 43–45
- ☐ *Jun 23* Isa 46–48
- ☐ *Jun 24* Isa 49–52
- ☐ *Jun 25* Isa 53–56
- ☐ *Jun 26* Isa 57–60
- ☐ *Jun 27* Isa 61–64
- ☐ *Jun 28* Isa 65–66; Jer 1
- ☐ *Jun 29* Jer 2–3
- ☐ *Jun 30* Jer 4–6
- ☐ *Jul 1* Jer 7–8
- ☐ *Jul 2* Jer 9–11
- ☐ *Jul 3* Jer 12–14
- ☐ *Jul 4* Jer 15–16
- ☐ *Jul 5* Jer 17–20
- ☐ *Jul 6* Jer 21–22

- ☐ *Jul 7* Jer 23–25
- ☐ *Jul 8* Jer 26–27
- ☐ *Jul 9* Jer 28–30
- ☐ *Jul 10* Jer 31
- ☐ *Jul 11* Jer 32–33
- ☐ *Jul 12* Jer 34–36
- ☐ *Jul 13* Jer 37–38
- ☐ *Jul 14* Jer 39–41
- ☐ *Jul 15* Jer 42–44
- ☐ *Jul 16* Jer 45–47
- ☐ *Jul 17* Jer 48–49
- ☐ *Jul 18* Jer 50
- ☐ *Jul 19* Jer 51–52
- ☐ *Jul 20* Lam 1–2
- ☐ *Jul 21* Lam 3–5
- ☐ *Jul 22* Eze 1–3
- ☐ *Jul 23* Eze 4–7
- ☐ *Jul 24* Eze 8–10
- ☐ *Jul 25* Eze 11–13
- ☐ *Jul 26* Eze 14–15
- ☐ *Jul 27* Eze 16–17
- ☐ *Jul 28* Eze 18–20
- ☐ *Jul 29* Eze 21
- ☐ *Jul 30* Eze 22–23
- ☐ *Jul 31* Eze 24–26
- ☐ *Aug 1* Eze 27–29
- ☐ *Aug 2* Eze 30–31
- ☐ *Aug 3* Eze 32–33
- ☐ *Aug 4* Eze 34–36
- ☐ *Aug 5* Eze 37–38
- ☐ *Aug 6* Eze 39–40
- ☐ *Aug 7* Eze 41–4
- ☐ *Aug 8* Eze 43–44
- ☐ *Aug 9* Eze 45–46
- ☐ *Aug 10* Eze 47–48; Dan 1
- ☐ *Aug 11* Dan 2
- ☐ *Aug 12* Dan 3–4
- ☐ *Aug 13* Dan 5–6
- ☐ *Aug 14* Dan 7–8
- ☐ *Aug 15* Dan 9–10
- ☐ *Aug 16* Dan 11–12; Hos 1
- ☐ *Aug 17* Hos 2–7
- ☐ *Aug 18* Hos 8–12
- ☐ *Aug 19* Hos 13–14; Joe 1–2
- ☐ *Aug 20* Joe 3; Amo 1–3
- ☐ *Aug 21* Amo 4–7
- ☐ *Aug 22* Amo 8–9; Oba; Jon 1
- ☐ *Aug 23* Jon 2–4; Mic 1–3
- ☐ *Aug 24* Mic 4–7; Nah 1
- ☐ *Aug 25* Nah 2–3; Hab 1–2
- ☐ *Aug 26* Hab 3; Zep 1–3
- ☐ *Aug 27* Hag 1–2; Zec 1–2
- ☐ *Aug 28* Zec 3–7
- ☐ *Aug 29* Zec 8–11
- ☐ *Aug 30* Zec 12–14; Mal 1
- ☐ *Aug 31* Mal 2–4; Mat 1–2
- ☐ *Sep 1* Mat 3–5
- ☐ *Sep 2* Mat 6–7
- ☐ *Sep 3* Mat 8–10
- ☐ *Sep 4* Mat 11–12
- ☐ *Sep 5* Mat 13–14
- ☐ *Sep 6* Mat 15–17
- ☐ *Sep 7* Mat 18–19
- ☐ *Sep 8* Mat 20–22
- ☐ *Sep 9* Mat 23–24
- ☐ *Sep 10* Mat 25
- ☐ *Sep 11* Mat 26–27
- ☐ *Sep 12* Mat 28; Mk 1–2
- ☐ *Sep 13* Mk 3–4
- ☐ *Sep 14* Mk 5–6
- ☐ *Sep 15* Mk 7–8
- ☐ *Sep 16* Mk 9–10
- ☐ *Sep 17* Mk 11–12
- ☐ *Sep 18* Mk 13–14
- ☐ *Sep 19* Mk 15–16
- ☐ *Sep 20* Luk 1–2

- ☐ *Sep 21* Luk 3–4
- ☐ *Sep 22* Luk 5–6
- ☐ *Sep 23* Luk 7
- ☐ *Sep 24* Luk 8–9
- ☐ *Sep 25* Luk 10–11
- ☐ *Sep 26* Luk 12
- ☐ *Sep 27* Luk 13–15
- ☐ *Sep 28* Luk 16–17
- ☐ *Sep 29* Luk 18–19
- ☐ *Sep 30* Luk 20–21
- ☐ *Oct 1* Luk 22–23
- ☐ *Oct 2* Luk 24; John 1
- ☐ *Oct 3* John 2–4
- ☐ *Oct 4* John 5
- ☐ *Oct 5* John 6–7
- ☐ *Oct 6* John 8–9
- ☐ *Oct 7* John 10–11
- ☐ *Oct 8* John 12–13
- ☐ *Oct 9* John 14–16
- ☐ *Oct 10* John 17–18
- ☐ *Oct 11* John 19–21
- ☐ *Oct 12* Acts 1–2
- ☐ *Oct 13* Acts 3–5
- ☐ *Oct 14* Acts 6–7
- ☐ *Oct 15* Acts 8–9
- ☐ *Oct 16* Acts 10–11
- ☐ *Oct 17* Acts 12–14
- ☐ *Oct 18* Acts 15–16
- ☐ *Oct 19* Acts 17–18
- ☐ *Oct 20* Acts 19–20
- ☐ *Oct 21* Acts 21–23
- ☐ *Oct 22* Acts 24–26
- ☐ *Oct 23* Acts 27–28
- ☐ *Oct 24* Rom 1–3
- ☐ *Oct 25* Rom 4–6
- ☐ *Oct 26* Rom 7–9
- ☐ *Oct 27* Rom 10–13
- ☐ *Oct 28* Rom 14–16
- ☐ *Oct 29* 1 Co 1–4
- ☐ *Oct 30* 1 Co 5–8
- ☐ *Oct 31* 1 Co 9–11
- ☐ *Nov 1* 1 Co 12–14
- ☐ *Nov 2* 1 Co 15–16; 2 Co 1
- ☐ *Nov 3* 2 Co 2–5
- ☐ *Nov 4* 2 Co 6–10
- ☐ *Nov 5* 2 Co 11–13
- ☐ *Nov 6* Gal 1–4
- ☐ *Nov 7* Gal 5–6; Eph 1–2
- ☐ *Nov 8* Eph 3–6
- ☐ *Nov 9* Phil 1–3
- ☐ *Nov 10* Phil 4; Col 1–3
- ☐ *Nov 11* Col 4; 1 Th 1–4
- ☐ *Nov 12* 1 Th 5; 2 Th 1–3;
1 Ti 1
- ☐ *Nov 13* 1 Ti 2–6
- ☐ *Nov 14* 2 Ti 1–4; Tit 1
- ☐ *Nov 15* Tit 2–3; Phlm;
Heb 1–3
- ☐ *Nov 16* Heb 4–7
- ☐ *Nov 17* Heb 8–10
- ☐ *Nov 18* Heb 11–13
- ☐ *Nov 19* Jam 1–4
- ☐ *Nov 20* Jam 5; 1 Pe 1–3
- ☐ *Nov 21* 1 Pe 4–5; 2 Pe 1–2
- ☐ *Nov 22* 2 Pe 3; 1 Jn 1–3
- ☐ *Nov 23* 1 Jn 4–5; 2 Jn; 3 Jn;
Jude
- ☐ *Nov 24* Rev 1–3
- ☐ *Nov 25* Rev 4–7
- ☐ *Nov 26* Rev 8–11
- ☐ *Nov 27* Rev 12–15
- ☐ *Nov 28* Rev 16–19
- ☐ *Nov 29* Rev 20–22

